



## BOARD SETS FUTURE PLANS

The Issaquah Alps Trails club dealt with some serious topics in its April 26 meeting. Budget constraints, long-range planning and governance succession highlighted the meeting. New Executive Director Suzanne Kagan was introduced to the board.

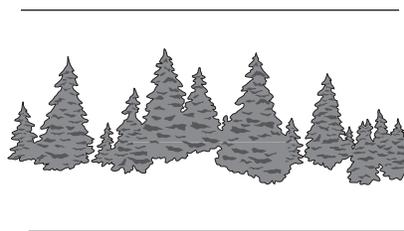
While the budget is solid at this time, revenue was overstated last year by a one-time donation of \$1000 from the Northwest Striders Club. Alpiner publication costs were also discussed. No new revenue came from a stable membership. President Kirt Lenard suggested that a demographic snapshot of membership might prove beneficial.

Vice-President David Kappler's advocacy report raised the issue of open space preservation that looks to be on top of possibilities and problems down the road. Similarly, a board retreat is in the works at which the nearly 40-year old club looks ahead to the next 40 years.

To achieve more efficient succession planning and talent development, Lenard would like to establish a permanent nominating committee to work to identify future officers and board members. Ken Konigsmark and David Dumphy volunteered for the committee, along with Kagen as chair. Other interested members are welcome. Anyone interested should contact

Suzanne Kagen.

While kudos were shared for the successful preservation of the Winterbook farm property, Kappler pointed out the problems with the possible development of the Bergsma property on the northeast section of Cougar Mountain.



Ed Vervoort reported that winter weather and a Tiger Mountain road washout diminished trail work opportunities. WTA, however, has been working on the Tiger Mountain Trail, and some reroutes on the Tradition Plateau are planned. Washington State Parks has requested collaboration with IATC for trail work on Squak Mountain's West Peak.

Participation on club hikes hit new lows last quarter, with 11 of the 33 hikes cancelled due to bad weather or insufficient turnout. The hikes averaged just five persons, about two-thirds of whom were members.

Tom Anderson reported that the club now has 700 followers on Facebook.

## FORUM DISCUSSES OPEN SPACE PRESERVATION

By Gail Folkins

During an April 18 forum at the Preston Community Center, which had a full house, participants learned about local land preservation over the past 30 years, along with upcoming conservation efforts. During the event, sponsored by King County Parks, The Mountains to Sound Greenway Trust, Evergreen Mountain Bike Alliance, and IATC, Terry Lavender, Chair of the King County Citizens Open Space Committee, shared a long-term plan with a goal of setting aside high-conservation value areas in the county within a generation.

The plan not only preserves diminishing landscapes, but also benefits people with open spaces, provides economic advantage for companies with desirable trails and open spaces for employees, and mitigates the effects of climate change. Social equity, or ensuring equal access to conserved lands, is another priority of the plan.

The current plan seeks to protect six types of natural areas:

- Natural areas, such as buffers between natural and developed landscapes or areas completing corridors.

# The Apparatus

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IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: [d.simpson6191@gmail.com](mailto:d.simpson6191@gmail.com)  
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

**(Note:** All telephone numbers are area code 425 unless otherwise noted.)

## PRESIDENT'S REPORT

By Kirt Lenard

As this is being written, we are re-enjoying the first sustained warm weather of the year. A real treat given the cool, damp weather which has kept some of us indoors far too much over the winter. However, we have been able to put some of that downtime to good use strengthening the club's organization and infrastructure.

Our Executive Director, Suzanne Kagen, is fully on board and has focused some of her seemingly endless supply of energy on many organizational issues, reaching out to the community and kindred organizations in the area and setting up IATC representation at local outdoor themed events. Good stuff and more to come.

She is also hard at work setting up the leadership retreat we talked about at the annual membership meeting. This important day-long event will focus on the roles and expectations for the officers and board members and how we plan to grow the size of IATC and its influence in protecting wild lands. We will be taking a hard look at what's working and what new approaches need to be taken in order to set up future success.

Two key and closely related issues have been and remain areas of focus for me and for the other club officers and board members. These focal points are 1) growing our base of member volunteers and 2) building a pool of talent that will form the next generation of club leadership.

Expect to see the IATC club banner at more local community events and a concerted effort to attract a more diverse and intergenerational membership. We will also be looking for ways to identify members with time and capacity to serve as volunteer hike leaders, trail workers, support staff and, of course, advocates



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## ADVOCACY REPORT: SUMMER 2017

By David Kappler, Vice-President for Advocacy

The Issaquah Alps Trail Club cannot endorse or give any kind of financial support to candidates for office. But one thing we can do is support candidate forums where all candidates are invited and all candidates are treated fairly and equally. In Issaquah two council seats have two candidates each and there are three candidates for mayor. We will work with other groups to see if there is interest in sponsoring a forum this year with emphasis on the environment, parks, and outdoor recreation. We would be very interested in co-sponsoring a forum for Sammamish Council candidates given the many trail, park and open space issues facing Sammamish council members.

On the topic of elections we know growth and traffic will be the main topics. The IATC has an interest in both of these topics. Growth is increasing the need to acquire lands for conservation and recreation and increasing the cost of lands that need to be acquired. Traffic volume impacts us nearly every time we want to travel in a motor vehicle. Traffic and parking near prime hiking destinations is generally horrible on nice weekend days; indications are that the worsening trend will continue.

Much effort is going into exploring how shuttles, transit, various forms of ride-sharing and other means can be used to reduce parking and congestion problems at our popular trailheads. We support these efforts, but realize we also need to encourage people to explore some of the lesser known hiking destinations that are essentially undiscovered. As an example, our group of seven people recently met not one other hiker on Taylor Mountain's Big View on a beautiful Sunday when nearly all the Greenway trailheads were jammed. It was strange to be viewing Mt. Rainier, Mt. St. Helens, the Olympics, Mt. Baker, Glacier Peak, and much more from one place and not seeing one other hiker.

Improving our access to existing trailheads needs to continue, but we also need to improve access and awareness of other hiking options where the experience can be great and less crowded for the foreseeable future.

## TWO IHS SENIORS CLAIM SCHOLARSHIPS

by Doug Simpson



This year's scholarship competition sponsored by the Issaquah Alps Trails Club was low on participation but brought about two students from Issaquah High School who rose to shared first place designation. Chosen were Christina You and Jacob Duhukey.

A true scholar, Christina You's academic low point was an A- in Advanced Placement Calculus, lowering her GPA to 3.97. She has most enjoyed her history and physics classes.

You is a very busy young lady. She is in IHS's concert band and wind ensemble, playing clarinet. She is a member of the school's Key Club, and she tutors elementary students.

Outside of school, she takes ballet and Chinese dance lessons and volunteers at Seattle's Swedish Hospital, where she serves as a greeter, assists nurses and does housekeeping.

Next year You will attend Scripps College in southern California, a liberal arts college affiliated with Claremont-McKenna, Harvey Mudd, Pomona and Pippin colleges. She is anticipating studies in pre-med. Her father is an orthodontist.

Though she resides in the Lakemont area, she is just five minutes from the Issaquah School District border. She has attended IHS through her four years of high school.

Her favorite outdoors venture is the hike to Poo Poo Point with family or youth groups.

As for her scholarship requirement, she spent a day doing trail work for the Washington Trails Association. "I loved my trailwork experience," Christina stated. "The work was fun, pulling weeds and such. And it was good physical exercise."

## CREATING THE TRAIL

by Christina You

Underneath a canopy of green nearly translucent in the rays of the early morning sun, and surrounded by a hazy mist dusting every leaf in a glittering dew, I set foot onto the earthy path ahead of me. It's just another day on the trails of the Beaver Lake Preserve. But this time, my usually free and barren hands are gloved as I grip the heavy metal shovel carefully balanced over my shoulder, and my eyes are shadowed by the lid of my plastic orange hard hat. Rather than just walking the trails today, I will be a part of creating them with the Washington Trails Association.

I cannot lie for the sake of a more dramatic experience and claim that I am yet another stereotypically technology-addicted teenager who has never appreciated the ample outdoors I am blessed with by living in Washington. But I can truthfully say that I have never once thought of how all the trails came to be. I certainly never knew that a great part of the trails are respectfully forged through the organization of volunteers who share a distinct admiration for nature and self-established commitment to enabling others to appreciate it too.

Regardless of whether one was just there for those service hours or looking for new ways to get involved with our surroundings—like my family and I—everyone was immediately welcomed by Zach, the crew leader, and the core group of dedicated and experienced volunteers. Along with being first-timers, my brother and I were the youngest crew members that day, so naturally everyone was incredibly kind towards us.

Zach humored us with his broad knowledge of the local nature, pointing out unique features or uses in the plants around us and even telling us the reason behind the extinct resource of coal in the region. (It's because mushrooms have finally learned how to decompose trees after the past hundreds of millions of years.) We also received some incredible souvenirs, including a gigantic slice of wood that the volunteers sawed off a massive tree trunk under Zach's guidance, and a signed copy of a manual for trail building and maintenance published by Pete

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## HIKING WITH THE TRAILS CLUB

By Jacob Dahukey

On April 1, I went on a hike with the hike leader and past club president David Kappler. We hiked Taylor Mountain on the Big View Trail. From the very beginning to the end of the hike, Mr. Kappler taught me an enormous amount of information I had previously not known, even though I have lived in the area my whole life.

I learned about the environmental history of the Seattle area and about organizations like the State Department of Natural Resources (DNR). For example, he talked about the lumber company that owned the land around where we were hiking and the DNR's goal of acquiring that land. He went on to explain that one of the ways the DNR tried to make deals with these companies was to trade land in other regions where there was less recreational use for them.

Another interesting thing I learned from Mr. Kappler was a technique that lumber companies now use, that of leaving trees on the ground to help slow erosion. Also he explained to me some of the ways he and the Issaquah Alps Trails Club had helped to maintain and build trails all around the region for recreational benefits.

On April 23, I went on another hike with Scott Semans on Cougar Mountain called the Big Tree Trail. As we were hiking, I asked Mr. Semans about his personal goals for helping the environment and how the club tried to help as well. He told me that one of his main goals was helping to create and repair trails on Cougar Mountain, including the one we were on. He explained that the original Big Tree Trail was created by the founder of the club, Harvey Manning, and that the club now works with others like the Washington Trails Association to continue to develop the trails.

Mr. Semans told me about the issue of housing developments and private ownership of land all around Cougar Mountain, causing the club and other organizations to have less freedom on where the trails can be built. Mr. Semans pointed out as we were walking the trail a "glacial erratic," a boulder that was probably brought here on a glacier from Canada.

Also, like Mr. Kappler, he constantly told me about the environment and the history of the region as we were walking. For example, Mr. Semans showed us an area that used to be a skid road where they would have lumber slide down the hill. He explained that they put cedar under to help the logs slide. Another problem he told me about was that invasive plants like bamboo would grow along the trail due to people gardening in their yards on the mountain.

One last interesting detail about the trail that Mr. Semans talked about was that near the bottom end of the trail most of the trees had been cut down for lumber, but higher up they hadn't because people used to do target shooting on the trees, which caused problems for the mills when cutting them. Therefore the local mills gave up on the lumber in the area and left the area completely alone. The trees that have been left are now several feet in diameter and are likely at least 300 years old.



## INTERVIEW WITH JACOB DAHUKEY

By Steve Williams

Jacob Dahukey is an Issaquah High School senior who will be attending Western Washington University in Bellingham next year. For the past two years he has been taking college credit "Running Start" classes at Bellevue College, maintaining a 3.85 grade point average there. His classes have included Business Calculus, Physics, Macro-Economics, Northwest History, U.S. History, and Native American Contemporary Cultural Issues. (Somehow he also found time to play soccer with the Issaquah Football Club last fall).

Jacob's family lives in Bellevue near the Coal Creek and Cougar Mountain Parks, so he is familiar with many of the trails there. He volunteers each week at a Capitol Hill retirement home, helping senior citizens understand and utilize modern technology tools like lap-tops, mobile phones, computers, and iPads. In fact he was recently honored by the home for his role in starting this program and opening up the world of computers and "Hi-Tech" for many of them. Jacob is thinking about majoring in business at WWU next year; but he says that he will definitely join the campus hiking club there due to his experiences with IATC.

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## CHAPTER 16: 1995

**COUGAR PARK NEARLY COMPLETE**

By Doug Simpson

*January to March:*

In reviewing King County's Master Plan for Cougar Mountain Regional Wildland Park, which had been approved in September of 1994, Harvey Manning cited needs to "round out" the park's dimensions. Included were China Creek (eventually lost to housing and a golf course), the Military Road Trail (ultimately saved), the Far Country basin (acquired), Lewis Canyon (acquired), and Big Tree, Precipice Trail and others on the northeast corner (only recently fully acquired). Four out of five is pretty good, Harvey!

President Ken Konigsmark announced a number of changes to the club's board of directors. Barbara Halverson was replacing Jim Cadigan as treasurer, Teri Morrison-Hansen stepped up as vice-president for operations for departing Bill McFerrin, and George Comstock and Melinda Livingstone were seated on the board after Roger Delmar and Joe Toynbee resigned.

The City of Issaquah acquired the 18 acre Tibbett's property in the High Point area of Tiger Mountain with \$5 million in funding from King County's Open Space "Conservation Futures" forming a partnership with the city.

Steve Williams, manager of the Cougar Park, noted that the park hosted an all-day field trip, the National Urban Wildlife Conference, with wildlife experts from the U.S., Canada and England. Williams noted in the article a number of things that impressed various participants. Dr. Kate Stenberg of the King County Environmental Division, an IATC member, organized the successful conference, which included a three-day symposium.

In "Botanic Soothsayers," Fred Weinmann described early blooming plants found in the Alps trails the first months of the year. He cited skunk cabbage, pussy willow, stinky geranium, Indian plum, salmonberry, red alder, colt's foot and evergreen violet. Presumably, we can still find these plants in January and February.

*April to June:*

Following up on his Cougar epistle in the last *Alpiner*, Manning warned that the developers were closing in on properties that ought to be included in the park boundaries. Discussing the China Creek acreage in Newcastle, Manning exclaimed: "To label those humans (the developers) sharks, vultures or jackals is to libel decent creatures."

Teri Morris-Hansen stepped down as vice-president for operations to focus more on family business. Marilyn Moon stepped up to take her place.

A National Trails activity, a "Middle Fork Snoqualmie Weekend," included hikes, work parties and a Saturday night cookout.

Steve Williams reported on Cougar Mountain's Meadow Restoration project, which involved clearing Scotch broom plants from the historic Redtown ballpark site and restoring the meadow to its original condition with all native plants. Penny Manning, Harvey's daughter, organized and coordinated the project.

"Return to Newcastle" was held June 4, focusing on the area's coal-mining history. Historical artifacts, photographs and maps were on display and food and entertainment was on the agenda. IATC members led history walks and talks.

Ann Weinmann reported on various orchid plants found in the Issaquah Alps. "The orchids of the Alps are worth seeking out for their intrinsic interest and beauty of form," she wrote.

*July to September:*

George Comstock wrote an article praising Ruth Kees for her efforts in saving Tiger Mountain's Tradition Plateau from becoming a gravel pit and in clearing the headwaters of the Fifteen Mile Creek to save it from harmful spraying. (Kees, who passed away recently, has received honors from the city for her environmental stewardship.)

Interagency Coordinator Margaret Macleod announced plans for the Rainier Boulevard Non-

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*“Cougar Park Nearly Complete”, continued from page 6*

Motorized Corridor and Stationmaster’s House Renovation Project. The former provides a trail from city hall to Tiger’s High School Trail, and the latter, of course, planned for the yellow house to become IATC’s trail center at 1st and Bush streets.

A Bill Longwell article explained the origin of several area names. “Phil’s Creek” is named for Phil Hall, Longwell’s close friend, who with Bill explored an old logging road in a hidden valley on Squak Mountain’s south side in 1972 that the two developed into a trail. . . Hall and Longwell “found” another logging road on Squak above the SR900 quarry. They learned it had earlier “been found” by Dina and Joe Chybinski, who led a Mountaineer’s hike there early in 1972; thus it became the Chybinski Trail. . . Also named for a person was Tiger’s Dwight’s Way, a trail connecting the TMT and Preston trails that Dwight Riggs laid out and led construction for in 1984. . .

A series of Bootleg Trails were constructed in 1985 primarily by Will Thompson. These low maintenance trails were designed to connect the Preston Trail to West Tiger I and Fifteen Mile Pass. (A bootleg trail is an alternate shorter but steeper trail to the same destination). . . And there’s Tiger’s Poo Poo Point Trail, which Manning named from a whistle sound once used by loggers.

IATC had an active Hotline in 1995 manned by Bill Davies, Ed Williams, Marilyn Moon, Wilma Eisman and Joann Howe. The five alternately listened to and responded to messages and questions from the general public.

Barbara Johnson’s “Native Americans and the Forest” article described thirteen trees that natives found useful for various needs and food sources, ranging from stinging nettles and skunk cabbage to cedar and Sitka spruce trees.

Berry-picking in the Alps was described by Marty Hanson, including locations and picking strategies. “Somehow the hardest to find are the most appreciated,” Marty wrote.

### October to December:

In his regular page one article, Harvey Manning spoke of the Cougar Mountain Regional Wildland



Park, the country’s “largest in-urban wildland in nature,” as 90-95% complete, with just a few small peripheral parcels needing to be added.

President Konigsmark discussed the celebration in the acquisition of Section 9 on Squak Mountain. He credited former president Gus Nelson for his role in the acquisition and the Trust for Public Land for its securing the land option.

In his quarterly column, Konigsmark discussed development issues on East Tiger Mountain, Grand Ridge, east Cougar and south Cougar, near the Licorice Fern area. He assured club members that IATC would be asserting influence in all these areas. Plans for Rattlesnake Mountain were discussed by Marlin Ely, a UW graduate student in land-use planning.

Barbara Johnson reported on Penny Manning’s effort to clear the Scotch broom and other invasive plants that had overtaken the old ballfield on Cougar Mountain. About 30 volunteers spent countless hours on the project, which involves creating a meadow with native plants.

Problems with access to Little Si were explained by Darcy McNamara, conservation steward for DNR. A member of improvements were made, which improved the situation until the access trail was eventually moved to the main Mount Si trailhead. In “Living in Harmony with Wildlife,” Barbara Johnson discussed strategies for safety in the Cougar park’s wildlands, where there is indeed at least one cougar, not to mention bears and other wildlife.



# FLOWERING OF THE ALPS

By Fred Weinmann

(Ed. Note: This article is reprinted with minimal editing from the 1994 "Alpiner.")

In the only comprehensive coverage to date, Harvey Manning, in 1991, lists 246 plant species occurring in the Issaquah Alps. This list along with informative narrative descriptions (as always in Harvey's entertaining and amusing style) of each species appears in one of the lesser known of the Issaquah Alps Trails Club publications, *The Flowering of the Issaquah Alps* (1981). The list is remarkably complete, including many small inconspicuously flowered species (e.g., little western bittercress), numerous aggressive non-natives (the Canadian thistle and black mustard) as well as virtually every tree and shrub one would encounter on Cougar, Squak and Tiger mountains.

Observations from several sources furnish information for an addendum to Harvey's list: a lapse of 12 years has provided time and opportunity for the introduction and establishment of additional non-native species; the same 12 years have provided simple opportunity to discover additional native species; also, the geographic range covered by the original list can justifiably be expanded to include the entirety of Rattlesnake Mountain—and Taylor too for that matter. Harvey (with the assistance of Ed Alvorsen) gives special attention to Rattlesnake Ridge, but does not include the remainder of the mountain.

We also ought to add the common graminoids (grasses, sedges, and rushes) as they are encountered by every venture into the Alps at all seasons; they are often attractive, and many live in specialized habitats (e.g. wetlands) well worth a little extra effort to locate. And finally, by taking minimal additional geographic liberty we can include the specialized plants of the bogs which occur in several locations at the foot of the Alps—intriguing plants like bog laurel, Labrador tea, wild cranberry and the insectivorous sundew.

For unusual plants in the Alps, the epicenter is Rattlesnake Ledge. At under 2200 feet it barely exceeds the height of Squak; but its physical proximity to alpine seed sources combined with airy exposed climate and rocky outcrops has affected the occurrence of many species typically associated

with higher, more remote sub-alpine climes—rock penstemon and bluebells of Scotland being two elegant examples. There is also a sprinkling of typically east side, dry area plants such as Douglas maple, choke cherry and death camas. The ledge is also habitat for the most diverse fern flora of the Alps. Here on the ledge the beautiful invaders commingle with a broad representation of the typical Issaquah Alps flora. More than twenty plant species of the Alps are known only from Rattlesnake Ridge. Monthly trips to the ledge in 1993 yielded several attractive discoveries and some of the best floral displays of the last ten years. Three attractive finds not previously reported from the Alps are: bronze bells, a beautiful bronze-to-purplish lily spotted on Rattlesnake ledge by Mary Cadigan on a botanical foray. The species is largely confined to alpine and sub-alpine habitats and has not been previously reported from anywhere in the lowlands of Puget Sound. It's worth a search in the spring along the old rock face route. Look for half inch bronze bells pendent from 10-inch stems.

Oregon clavers was found in abundance on Rattlesnake in moist soils in June. This is not the sticky narrow-leaved cleavers (also known as bedstraw) so common on all the trails of the Alps. Its whortled leaves, four to a node, are fattish, oval and don't stick to your clothes. Masses of ¼-inch white flowers emerge from the stem tips. The plant closely resembles the very rare galium kamtschaticum. We thought we might have discovered the rare species until we keyed it out. Nevertheless, Oregon cleaver is a handsome plant in its own right.

Field chickweed was identified in bloom on the ledge on several occasions during the spring. This is not your garden variety weedy chickweed with minute white flowers. Flowers of field chickweed are fully half to three quarter inch in diameter, bright white, with greenish to purplish accent lines on deeply notched petals. Plants grow enmasse on gravelly soils along the rock face route.

An additional 75-plus species beg for inclusion in an addendum to "The Flowering of the Issaquah Alps".

President's Report, cont. from page 3

for the protection of wild lands. We want to be sure that there is a clear path between people wishing to help and important tasks supporting the club's goals. This has not always been the case, so this will get more attention in the future.

The issue of officer and board member succession planning has also been an area of critical need. To start to address that issue, the board has formed a permanent nominating committee to seek out and develop new leadership candidates. If you have any interest in serving in a leadership capacity in the future, or know someone who you feel would be valuable in a leadership role, please let us know and we will arrange to meet and map out opportunities. If you are interested or have someone in mind, please contact us at [president@issaquahalps.org](mailto:president@issaquahalps.org) or [exec@issaquahalps.org](mailto:exec@issaquahalps.org), or you can reach us by phone at 844-392-4282 and share your thoughts.

In closing, I want to again thank the stalwart volunteers who keep our various programs and activities going strong. A shout out to Doug and Gail for the Alpiners; Ed and George, who keep trail work parties going; George, Cornelia and hike leaders for coordinating the hiking program; Tom for keeping Facebook fresh and interesting; George and John for continuing work on the website and administrative systems; and, of course, David for keeping us focused on advocacy. Plus all the others who regularly step in to help. Thank You!

See you on the trail soon, Kirt.

Forum Discusses Open Space Preservation, cont. from page 3

- Farmlands that include... rural areas and those that engage in local food production.
- Forests in support of wildlife and water quality.
- Regional trails that complete existing and planned corridors.
- River corridors, both urban and natural, to protect from flooding and support natural watersheds.
- Urban green spaces such as community gardens and pea patches.

The county has identified 5,500 land parcels spanning these categories that make up a total of 66,000 acres. The cost of this land is estimated at \$1.5 to 1.8 billion – of this, the county estimates \$1.27 in current funding sources will be available over the next 30 years, leaving a funding gap of between \$300-500 million.

Lavender discussed several potential sources to make up this gap, include a county bond, a property tax levy lid lift, increase in the conservation futures tax, and REET (Real Estate Excise Tax). Additional options include expanding philanthropy efforts and new ecosystem markets to secure private funding.

An advisory group is currently reviewing King County Executive Dow Constantine's land conservation plan; in addition, the county is meeting with 39 cities to discuss integrating city conservation initiatives. The county is also reaching out to community groups such as those at the meeting to communicate with their membership.

Read more about the Land Conservation Work Plan at [kingcounty.gov/land-conservation](http://kingcounty.gov/land-conservation)

Creating the Trail, cont. from page 4

Dewell, one of the most decorated WTA volunteers ever, according to the long-time members there. After retirement, Dewell has participated in work parties over two thousand times. We were in the presence of trail volunteer royalty.

Everyone there exuded such an enthusiasm and earnestness for the trailwork that rather than just working to enable others to have recreational opportunities on the new trails, the outing was honestly recreation itself. I finally understood why these excursions are called trail work "parties." One would imagine that hours of bending over pulling at almost ridiculously stubborn ferns and shoveling into the settled dirt and stone would be grueling work, but pleasant conversation and company made every moment enjoyable.

Of course our finished product was utterly satisfying as well, despite only covering about fifty meters of half-polished paths. However, in order to truly be an accomplished volunteer and contribute to the trails, I will have to attempt to emulate the legendary Pete Dewell. One trail work party down, only one thousand and nine hundred ninety-nine to go!

Hiking with the Trails Club, cont. from page 5

After going on both of these hikes I have learned so much interesting information I would never have known about the Issaquah region. I really enjoyed meeting the leaders and the other citizens of Issaquah on both of my hikes and I'm hoping to go on more in the future. I would recommend to everyone that they consider going on at least one hike with the Issaquah Alps Trails Club. It was a wonderful experience.

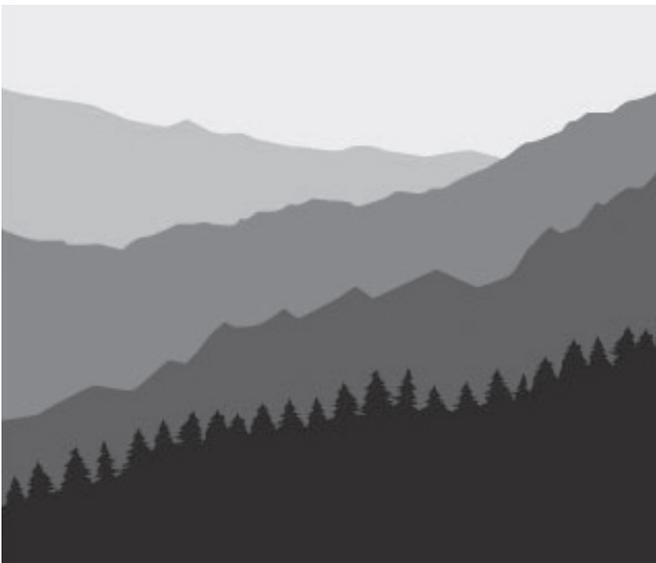
# Hiking Information

## Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, dogs only on designated dog hikes.



## Degree of Difficulty

**Very Easy:** up to 4 miles and 600 feet of elevation gain – for beginners.

**Easy:** up to 6 miles and 1200 feet gain – not difficult for occasional hikers.

**Moderate:** up to 10 miles with 1200 to 2500 feet gain – usually not difficult for regular hikers.

**Strenuous:** up to 12 miles and 3500 feet gain – for experienced hikers in good condition.

**Very Strenuous:** over 12 miles and/or over 3500 feet gain – only for experienced hikers in very good physical and aerobic condition.

## Hike Description Modifiers

**Leader's choice:** The leader had not decided where to hike before publication of the hikes schedule.

**Trail party:** Trail maintenance work party.

**Exploratory:** The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.

*continued on page 11*

### WEBSITE HELP NEEDED

IATC wants to update its website and could use help. If you are knowledgeable and can help, please contact George Potter at 425-557-6554.

## HIKING INFORMATION

*continued from page 10*

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

*NOTE: Group hikes do not lend themselves to dogs unless on designated dog hikes.*

### Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

### Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

### Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

## ✓ Checklist:

- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

*Don't leave the trailhead without them!*

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people!



**Issaquah Alps Trail Club**  
**P.O. Box 351**  
**Issaquah, WA 98027**

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**Address Service Requested**

**Issaquah Alps Trails Club Foundation and  
Membership Request Form**



Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

All donations are tax deductible. Your donations fund The *Alpiner* publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps.

**Don't forget to renew your membership!**

- \$20 Membership Renewal (PDF Newsletter)
- \$25 Membership Renewal (Print Newsletter)

**IMPORTANT:** This form and your donation and/or membership request form should be mailed to:  
IATC Foundation, P.O. Box 351, Issaquah, WA 98027