Issaquah Alps Trails Club

April 2014

April 3rd Thursday 9:00 AM - MIDWEEK HIKE

Cougar Mt- Double loop around Wilderness Peak and on to Longview Peak Moderate, 7 miles, 1750' gain Scott Prueter 425-269-3079

> April 5th Saturday 9:00 AM South Tiger Mt Loop on the TMT and the So. Tiger Traverse Trail Moderate, 7 miles, 1600' gain David Warner 206-920-3212

April 6th Sunday 9:30 AM North Bend's Cedar Butte Moderate, 4 miles, 1000' gain Bob Gross 425-427-8449

April 12th Saturday 9:00 AM 4 Water Falls Hike - Visit Far Country Falls, Doughty Falls, Longview Peak, Coal Creek Falls,

& North Fork Falls on west side of Cougar Mt Moderate, 6 miles, 1400' gain George Potter 425-516-5200

April 13th Sunday 9:00 AM

Squak East Peaks Exploratory Hike
Walk a mix of established trails, bootpaths,
and off-trail sections along Squak's East Ridge
before looping back to our starting point.
Strenuous, 8-10 miles. 2600' gain
Ralph Owen 425-270-3322

April 15th Tuesday 9:00 AM - MIDWEEK HIKE

North Bend's Little Si Moderate, 5 miles, 1200' gain Discover Pass required for drivers Rachel Hopkins, 206-715-5009 & George Potter

April 19th Saturday 9:30 AM

North Tiger Mt - Loop hike from Highpoint TH Moderate, 6-8 miles, 1500' gain, slow pace Discover Pass required for drivers Richard Mann 425-633-7815

April 20th EASTER Sunday 10:00 AM

Leader's Choice in Issaquah Alps Easy, 2-4 miles, 400'-600' gain Scott Semans 425-369-1725

April 22nd Tuesday EARTH DAY

Any time from 9:00 AM - 2:00 PM
Restoration work at High Point Trailhead
Tools & snacks provided
Priority: removing invasive plants
CALL Dave Kappler 425-652-2753

April 24th Thursday 7:00 PM

IATC Board Meeting Trails Center, 1st & Bush

April 25th Friday 10:00 AM

IATC Dog Hike – Leader's Choice in Issaquah Alps DOGS WELCOME - bring leash, water, baggies. Easy, 4-6 miles, up to 1200' gain Dori Ost 206-909-1080

April 26th Saturday 11:00 AM

Snoqualmie Valley - see the splendors along the Snoqualmie Valley Trail from North Bend to Fall City Moderate, 10 miles, 300' gain George Potter 425-516-5200

April 26th Saturday

Support City of Issaquah Cleanup & Restoration See website for up-to-date specifics Efforts will be city-wide Dave Kappler 425-652-2753

April 27th Sunday 9:30 AM

Cougar Mt - "Bio-Char/Carbon Back-in"
A hike out of Redtown Trailhead to visit an art installation where an acre of bio-char now covers an old gravel pit – carbon put into the atmosphere by 100 years of coal burning (CO2 gas), is now replaced by stable carbon (C solids) which will enrich the soil.

Easy, 2.0 miles, 100' gain
Steve Williams, 425-453-8997

MAY 2014

May 3rd Saturday 10:00 AM

Cougar Mt - Military Road to Anti-Aircraft Peak Moderate, 3 miles, 1100' gain Bob Gross 425-427-8449

May 4th Sunday 10:00 AM

Leader's Choice in Issaquah Alps Easy, 2-4 miles, 400'-600' gain Scott Semans 425-369-1725

May 10th Saturday 4:00 PM

Hazel Wolf Wetlands Nature Study
Hear the birds singing in Hazel Wolf Wetlands,
Beaver Lake Preserve, & Soaring Eagle Park.
Moderate, 5-7 miles, 100-300' gain
Bring flashlight & warm clothes
George Potter 425-516-5200

May 11th Sunday 9:30 AM - MOTHER'S DAY

South Tiger "Lollipop Loop" Easy, 3.5 miles, 800' gain Steve Williams, 425-453-8997

May 15th Thursday 9:00 AM – MIDWEEK HIKE

Tiger Mt - TMT trailhead connecting with South
Tiger Traverse for loop.
Lunch on South Tiger summit.
Moderate, 7.5 miles, 1500' gain
Scott Prueter 425-269-3079

May 17th Saturday 9:30 AM

NorthCougar Mt - Loop hike from Newport Way to AA Pk Moderate, 6-8 miles, 1500' gain, slow pace Richard Mann 425-633-7815

May 18th Sunday 9:00 AM

Big View on Taylor Mt in Raging River State Forest Moderate, 8 miles, 1500' gain Dave Kappler 425-652-2753

May 22nd Thursday 7:00 PM

Hike Leaders Meeting Trails Center, 1st & Bush

May 24th Saturday 9:00AM

Teneriffe Falls - See the splendor of Teneriffe Falls and the power of Snoqualmie Falls in Spring.

Moderate, 7 miles, 1600' gain

George Potter 425-516-5200

WEEKDAY EXPLORATORY HIKES

Each week there will be a hike where at least some of the participants have not gone. The date, time, and place will depend on the weather and interests of the participants. Moderate, 5-10 miles, up to 2500 ft gain, Moderate pace.

George Potter 425-516-5200 george.q.potter@gmail.com

May cont.

May 25th Sunday 9:30 AM

Big Tree Ridge Loop – Walk a combination of new and old trails, including Big Tree Ridge and Military Ridge Trails to the top of Anti-Aircraft Peak & back. Moderate, 8 miles, 1700' gain Ralph Owen 425-270-3322

May 26th Monday 10:00 AM - MEMORIAL DAY

IATC Dog Hike – Leader's Choice in Issaquah Alps DOGS WELCOME - bring leash, water, baggies Easy, 4-6 miles, 800'to 1200' gain Tom Pohle - 425-481-2341

May 30th Friday 10:00AM

IATC Dog Hike – Leader's Choice in Issaquah Alps DOGS WELCOME - bring leash, water, baggies. Easy, 4-6 miles, up to 1000' gain Jean Lanz 206-322-0990

May 31st Saturday 9:00 AM

Ascend East Tiger Mountain on old trails with loop return via Silent Swamp Trail & Northwest Timber Trail - Discover Pass required for drivers.

Moderate, 10 miles, 1800' gain
David Warner 206-920-3212

June 2014

June 1st Sunday 1:30 PM

"Return to Newcastle" History Walk 100 Years of Mining History with the Eastside Heritage Center Easy, 1.5 miles, 100' gain Steve Williams, 425-453-8997

June 7th Saturday 11:00 AM

Grand Ridge Hike - See the Springtime splendors of the Sammamish Coulee Wetlands and Grand Ridge. Moderate, 6 miles, 1600' gain George Potter 425-516-5200

June 8th Sunday 12:00 Noon

Tradition Plateau – emphasis on flowers, shrubs, trees Easy, 6 miles, 600' gain Discover Pass required for drivers. Dave Kappler 425-652-2753

June 12th Thursday 9:00 AM - MIDWEEK HIKE

Squak Mt – Loop hike over Central Peak and West Peak with Rainier view for lunch. Moderate, 7 miles, 1600' gain Scott Prueter 425-269-3079

June 13th Friday 8:00 PM

Friday the 13th Fool Moon Hike
See the Sunset and the rise of the Full Moon
from Big View on Taylor Mountain. Bring a
flashlight, warm clothing, a blanket to share,
and a story to tell or a song to sing.
Moderate, 3.6 miles, 1300' gain
George Potter 425-516-5200

June 14th Saturday 9:00 AM

North Bend's Little Si Moderate, 5 miles, 1200' gain Discover Pass required for drivers Mary Nolan 425-837-1535

June 15th Sunday 8:30 AM - FATHER'S DAY

East Tiger Loop – a hike in the woods to Tiger's highest peak from East Highpoint & return.

Strenuous, 12+ miles, 3400' gain

Ralph Owen 425-270-3322

June 21st Saturday 9:00 AM

1st day of Summer Poo Poo Point Hike - Follow the Chirico, PooPoo Pt, High School and Rainier Greenway Trails on Tiger Mt - Short Car Shuttle Moderate, 7.2 miles, 1700' gain George Potter 425-516-5200

June 22nd Sunday 9:00 AM

Taylor Peak – Figure-8 route in Raging River State
Forest from Hwy 18 Summit to Taylor Pk, via
logging roads and trails with great views.
(depending on weather)
Moderate, 10 miles, 2100' gain
David Warner 206-920-3212

June 22nd Sunday 10:00 AM

North Bend's Twin Falls Easy, 2.5 miles, 400' gain Bob Gross 425-427-8449

June 27th Friday 10:00 AM

IATC Dog Hike – Leader's Choice in Issaquah Alps DOGS WELCOME - bring leash, water, baggies. Easy, 4-6 miles, up to 1000' gain Jean Lanz 206-322-0990

June 27th Friday 8:00 PM (New Moon)

Star Gazer Hike - Watch the Sunset and Gaze at the Stars from Taylor Pk. Bring flashlight, warm clothing, blanket to share, and a story to tell or a song to sing.

Moderate, 7 miles, 1400' gain

George Potter 425-516-5200

MID-SUMMER HIKE SIGN-UP

Goldmyer Hot Springs

Sign up now for our Mid-Summer hike to Goldmyer Hot Springs. First come, first served. Limit 8 people. More information at http://www.goldmyer.org DEADLINE TO REGISTER IS MAY 25TH

George Potter 425-516-5200 george.q.potter@gmail.com

June 28th Saturday 9:30 AM

Squak Mt - Loop hike from the South Squak TH to Central Peak and Mt. Rainier view. Moderate, 8 miles, 1500' gain Richard Mann 425-633-7815

June 29th Sunday 9:30 AM

Tradition Plateau Loop Hike Easy, 4-5 miles, 600' gain, slow pace Joe Toynbee 425-228-6118

GEAR CHECKLIST:

WATER, FOOD, DAYPACK, RAINGEAR, WARM CLOTHES, HIKING FOOTWARE



Hikes meet beside the grassy area located approximately at 175 Rainier Blvd S, Issaquah (near SE Bush St).



HIKES LEAVE AT THE TIME STATED. PLAN TO ARRIVE A BIT EARLY



Bring your WA Discover Pass and your National Forest Pass, if you have them. A DISCOVER PASS WILL BE REQUIRED for vehicle parking for any hike on state lands. GO TO discoverpass.wa.gov for details.



A NORTHWEST FOREST PASS or an INTERAGENCY
PASS WILL BE REQUIRED for vehicle parking
for any hike in National Forests, etc. - for details,
GO TO fs.fed.us/passespermits/rec-fee.shtml