

JANUARY 2011

Saturday, January 8 – 9:30am
 Lake Sammamish State Park. A level walk through Issaquah to the State Park with a circumnavigation of the park. Return from the boat launch via the East Lake Sammamish Trail.
 2A, 8 miles, 100' gain
 Ralph Owen 425-746-1070

Saturday, January 8 – 10am
 Dogs Welcome Hike - bring leash/baggies/water
 Leader's Choice in Issaquah Alps
 2B, 3-5 miles, 600'-1000' gain
 Thomas Pohl, 425-481-2341

Monday, January 10 – 12:00 noon
 Continue inventory of invasive plant problems on Tradition Plateau. A certain amount of off trail scouting will be involved. Primary objective will be mapping locations of ivy and holly.
 Difficulty 2B
 Dave Kappler 425-392-3571

Friday, January 14 – 10am
 Dogs Welcome Hike - bring leash/baggies/water
 Leader's Choice in Issaquah Alps
 2B, 3-5 miles, 600'-1000' gain
 Thomas Pohl, 425-481-2341

Saturday, January 15 – 9:30am
 Cedar River Trail. Scenic trail along river.
 2B, 6 miles, no gain
 Joe Toynbee 425-228-6118

Sunday, January 16 – 9:30
 North Bend's Little Si
 2C, 5 miles, 1300' gain
 Mary Nolan 425-837-1535

Monday, January 17 – 10am
MARTIN LUTHER KING DAY
 Dogs Welcome Hike - bring leash/baggies/water
 Lake Tradition Plateau: Swamp Trail-Big Tree Trail-Adventure Trail-Bus Trail
 2B, 3+ miles, 600' gain
 Jean Lanz, 206-322-0990

Thursday, January 20 – 7:00-9:00pm
 Coal Mining at Coal Creek - An indoor, evening presentation. Lewis Creek Park, 5808 Lakemont Blvd. on Cougar Mtn. Hands-on materials and a PowerPoint presentation of photos from the IATC book "100 Years of Hidden History." Come and find out what is under a 'Newcastle Hill' that is older than Mt. Rainier. Free.
 Steve Williams 425-453-8997

Saturday, January 22 – 9:30am
 Weowna Park in Bellevue
 2B, 4 miles, 600' gain
 Steve Williams 425-453-8997

Sunday, January 23 – 9:30am
 Cougar Mountain. Easy hike out to Far Country Lookout with stop at new Far Country Falls viewpoint.
 2B, 4.0 miles, 600' gain, Slow Pace.
 Fred Zeitler 425-882-3435

Thursday, January 27 – 7:00pm
IATC BOARD MEETING
 Trails Center, 1st and Bush

Friday, January 28 – 10am
 Dogs Welcome Hike - bring leash/baggies/water
 Leader's Choice in Issaquah Alps
 2B, 3-4 miles, 500-800' gain
 Jean Lanz, 206-322-0990

Saturday, January 29 – 9:00am
 Squak Mountain. Loop hike over Central Peak and West Peak with Rainier view for lunch.
 3C, 6 miles, 1700' gain, Strenuous
 Scott Prueter 425-269-3079

Sunday, January 30 – 9:30am
 Tiger Loop Trail to Talus Caves.
 2C, 6 miles, 1300' gain
 Richard Man 425-281-8465



FEBRUARY 2011

Saturday, February 5 – 9:30
 Cougar Mountain. Hike Coal Creek Trail from Coal Creek Parkway to North Fork Falls
 2B, 5.5 miles, 650' gain, Slow Pace
 Fred Zeitler 425-882-3435

Sunday, February 6 – 9:30am
 Stan's Overlook – West Rattlesnake Mountain
 2C, 5 miles, 1400' gain
 Mary Nolan 425-837-1535

Sunday, February 6 – 10am
 Dogs Welcome Hike - bring leash/baggies/water
 Leader's Choice in Issaquah Alps
 2B, 3-5 miles, 600'-1000' gain
 Thomas Pohl, 425-481-2341

Friday, February 11 – 10am
 Dogs Welcome Hike - bring leash/baggies/water
 Leader's Choice in Issaquah Alps
 2B, 3-5 miles, 600'-1000' gain
 Thomas Pohl, 425-481-2341

Saturday, February 12 – 10:00am
 Invasive removal on Tradition Plateau.
 Removing holly and ivy. Tools provided,
 bring good work gloves.
 Difficulty 2B
 Dave Kappler 425-392-3571

Sunday, February 13 – 12:00noon
 Tradition Plateau Loop. Two lakes, wetlands and diverse forest types. Human and natural history emphasis.
 2B, 5 miles, 600' gain
 Dave Kappler 425-392-3571

FEBRUARY 2011 cont.

Thursday, February 17 – 7:00-9:00pm

*Ethno-botany - An indoor, evening presentation. Lewis Creek Park, 5808 Lakemont Blvd. on Cougar Mtn. Barb Williams explores native peoples' uses of plants for food, medicine, tools, clothing and shelter. They were our first scientists, and learned to survive by using what the woods around them provided. Free.
Steve Williams 425-453-8997

Saturday, February 19 – 9:30am

Tradition Plateau Loop. An easy walk on the wooded trails of Tiger Mountain's Tradition Lake Plateau.
2A, 7 mi, 700' gain.
Ralph Owen, 425-746-1070

Sunday, February 20 – 9:30am

Cougar Mountain Water Falls from Red Town.
3C, 7 mi, 1500' gain.
Richard Mann, 425-281-8465

Monday, February 21 – 10am

PRESIDENT'S DAY

Dogs Welcome Hike - bring leash/baggies/water
Leader's Choice in Issaquah Alps
2B, 3-5 miles, 600'-1000' gain
Thomas Pohl, 425-481-2341

Thursday, February 24 – 7:00pm

Hike Leaders Meeting
Trails Center, 1st and Bush

Friday, February 25 – 10am

Dogs Welcome Hike - bring leash/baggies/water
Leader's Choice in Issaquah Alps
2B, 3-4 miles, 500-800' gain
Jean Lanz, 206-322-0990

Saturday, February 26 – 9:00am

Cougar Mountain. Double Loop - around Wilderness Peak and on to Longview Peak.
3C, 7 miles, 1700' gain, Strenuous
Scott Prueter 425-269-3079

**IATC ENCOURAGES CARPOOLING +
RECOMMENDS \$1 MINIMUM OR
15¢/MILE GAS CONTRIB TO DRIVER**

Sunday, February 27 – 9:30am

Preston Trail. Lake Alice Trailhead to two overlooks.
2A, 4-5 miles, 500' gain
Mary Nolan 425-837-1535

MARCH 2011

Friday, March 4 – 10am

Dogs Welcome Hike - bring leash/baggies/water
Leader's Choice in Issaquah Alps
2B, 3-5 miles, 600'-1000' gain
Thomas Pohl, 425-481-2341

Saturday, March 5 – 9:00am

Squak Mountain. From the Mountainside trailhead to the Central Peak summit. Loop over West Peak and down Chibiynski Trail.
2B, 6 miles, 2000' gain, Leisurely pace
Richard Mann 425-281-8465

Sunday, March 6 – 12noon

Tradition Plateau Loop. Lakes, wetlands and diverse plant and forest types. We will be looking for the first signs of spring.
2B, 5 miles, 600' gain
Dave Kappler 425-392-3571

Saturday, March 12 – 9:00am

Tiger Mountain Loop hike to West Tiger 1 via High Point Trail, Dwight's Way, Tiger #1 Trail. Return via Tiger #1, Rail Road Grade, Tiger Mountain Trail and High Point Trail.
3C, 8 miles, 2,600 ft. gain, Very Strenuous
Scott Prueter 425-269-3079

Saturday, March 12 – 10am

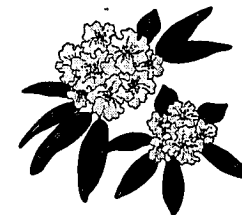
Dogs Welcome Hike - bring leash/baggies/water
Leader's Choice in Issaquah Alps
2B, 3-5 miles, 600'-1000' gain
Thomas Pohl, 425-481-2341

Sunday, March 13 – 9:30am (NOTE: DAYLIGHT SAVINGS TIME BEGINS)

Little Si & Boulder Garden Trail. Visit a toadstool peak near the base of Mt Si and then on to a loop on the lower slopes of Si. Nice views, weather permitting.
2C, 7 mi., 2000' gain.
Ralph Owen, 425-746-1070

Sunday, March 19 – 9:00am

Taylor Mountain. Holder Ridge. Whisky Still Loop.
2C, 6 miles, 1500' gain
Steve Williams 425-453-8997



Sunday, March 20 – 9:30am

Cougar Mountain Loop hike to AntiAircraft Peak via mine shaft.
2B, 4.5 miles, 650' gain, Slow Pace.
Fred Zeitler 425-882-3435

Friday, March 25 – 10am

Dogs Welcome Hike - bring leash/baggies/water
Leader's Choice in Issaquah Alps
2B, 3-4 miles, 500-800' gain
Jean Lanz, 206-322-0990

Saturday, March 26 – 9am

Cougar Mountain.
3C, Up to 8 miles, 2000'
Denis Harney 206-545-2829

Sunday, March 27 – 9:30am

Squak Mountain Loop.
3C, 8 mi., 2300' gain.
Richard Mann, 425-281-8465

★ ★ ★

**GEAR CHECKLIST = WATER, FOOD,
DAYPACK, RAINGEAR, WARM CLOTHES,
HIKING SHOES/BOOTS**

★ ★ ★

**PLEASE CHECK
NUMBER / LETTER CLASSIFICATION
FOR HIKE DIFFICULTY**

★ ★ ★

**ALL HIKES MEET AT THE TRAILS
CENTER – 1ST AND BUSH IN ISSAQUAH.
HIKES LEAVE AT THE TIME STATED
SO PLAN TO ARRIVE A BIT EARLIER**

★ ★ ★