



## ALPS NEWS NOT ALL BAD

By Doug Simpson

Without question, budget woes are taking their toll on the Issaquah Alps. Still, there is positive news from the Cougar Mountain Regional Wildland Park, Squak Mountain State Park, and the Washington Department of Natural Resources (DNR) on Tiger Mountain.

### COUGAR MOUNTAIN

Niki McBride, manger of the Cougar Mountain Park, reports that updated maps are now available at all trailhead kiosks. Volunteers from REI, the Washington Trails Association (WTA) and the LDS Church have done over 350 hours of trail maintenance and Red Town meadow thistle-pulling.

Using a donation from a park patron, park staff have installed a new bench atop Wilderness Peak near the register. King County's Back Country Trail Crew completed drainage repairs on the Shangri-la, No Name and Surprise Creek trails, and they are in the process of rebuilding the Coal Creek Falls bridge.

The Seattle Running Company has finished its four events for 2009, and its members are now committed to performing 120 hours of volunteer work in the park.

"As always," we are extremely grateful for our team of park ambassadors," McBride stated. "They have been especially helpful this year identifying maintenance needs in the park."

### SQUAK MOUNTAIN

Heather Hansen, Squak Mountain State Park ranger, also has a great deal of good news to report. "Nearly every junction within the park now has nice new routed signs letting you know what trail you're on, where the next one can take you, and how far that will be," Hansen pointed out.

The Eastside Trail has several new bridges, three along sections previously afflicted with clogging culverts and one over Crystal Creek near Thrush Gap. New turnpikes and thorough brushing have also been done in these areas.

The Phil's Creek Trail also has new turnpikes and brushing, and the Phil's Connector Trail (now part of the renamed May Valley Loop) has been brushed and rerouted below its former hairpin access point.

Both the Central Peak and Bullitt Fireplace trails have improved drainage and turnpikes that should improve muddy spots.

"All that adds up to a much more pleasant year-round hiking experience on Squak Mountain," Hansen stated. "The one downside is the indefinite closure on the east side of the May Valley Loop." January mudslides made the trail unsafe, and no funding is currently available to repair it.

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### SQUAK RATES 'DESTINATION'

The American Hiking Society has designated Squak Mountain as a "destination" hike. The organization specifically cited the 6.8 mile "Double Peak Loop" (Central and West peaks) as a "moderately difficult trail, a real gem, with lush vegetation and great views."

IATC Vice-President Ken Konigsmark stated about Squak: "Washington State Parks and King County Parks have worked continually to expand and improve public park lands on Squak Mountain. Squak's trails wind up and through lush, older forests and offer greater solitude than other local trails."

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IATC subsists on member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: [d.simpson@msn.com](mailto:d.simpson@msn.com)  
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

(Note: All telephone numbers are area code 425 unless otherwise noted.)

# PRESIDENT'S REPORT

By Steve Williams

Mark your calendars! First and foremost, I need to express a huge THANK YOU to Doug Simpson for all his work on the Harvey Manning statue. Indeed, Doug did the lion's share of the work in publicizing, fund-raising, finding a great sculptor, bringing the city and media onboard, and putting it all together in less than three years. That's a huge personal effort that most of us wouldn't even consider attempting!

Perhaps the best way we could thank Doug now would be to share the statue with everyone we know, and talk about hiking and land preservation and Harvey every time we see it. The best reward would be if thirty years from now a grade-schooler asks, "Who is that?" and his parent says, "That's the man who saved all these hills and trails around here that we walk on every weekend. We love those places. Now it's our job to take care of those parks and trails too."

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I have spent some time lately looking at Harvey's comments in our first *Alpiners* from 30 years ago. It's impressive how profound his vision was then, and how closely the club has followed the guidelines they laid out in their first 1979 newsletter:

- 1) "Work to establish a public trail system to, on and around Cougar, Squak and Tiger mountains (the Issaquah Alps) *Done, done and done!*"
- 2) "Promote the Issaquah Alps as a recreation area of regional significance." *Now nationally recognized, and touted by local governments and businesses as well as hiking clubs, trail runners and 'nature nuts.'*
- 3) "Promote trail establishment and use that will protect the rights of present and future property owners." *Lots of help here via government acquisitions of critical areas, trail re-routing, and even donated easements from friendly property owners.*
- 4) "Work to strictly limit the use of motorized vehicles for recreational use in the area." *Done except for occasional problems on Tiger and Taylor by illegal scofflaws.*
- 5) "Work to establish walk-in campgrounds and other parks which compliment the use of the trail system." *Several new trailheads and linking trails done. Camping seen as creating problems and being overwhelmed—a new task agencies couldn't manage.*
- 6) "Promote the development and/or establishment of parks, viewing points, and trails which meet the needs of all ages and for those with physical handicaps." *Always needs more work, but look at Tradition Lake Plateau trails, the paved Preston Trail or Cougar's 'Million-Dollar Viewpoint.'*
- 7) "Promote recreation uses which will be compatible with the development and recovery of renewable and nonrenewable resources." *Lots of tree plantings, invasive weed removals, and bridges and boardwalks to protect streams.*
- 8) "Promote the maintenance and signing of trails." *Done and done!*
- 9) "Promote adequate law enforcement along trails and in parks." *Most areas are now covered by regulations and signs, but the financial crisis is taking a toll in staff cuts. Public reporting—especially plate numbers & photos by cell phone will be needed.*
- 10) "Encourage local park departments to establish regular programs that make use of the Issaquah Alps." *Multiplied rapidly, but again affected by budget cuts.*
- 11) "Encourage the development of trails appropriate for walkers, joggers, hikers, bicyclists and

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## Alps News Not All Bad *continued from page 1*



### TIGER MOUNTAIN

Statewide, DNR is facing a serious funding crisis. Sam Jarrett of the Snoqualmie (Tiger Mountain) Unit reports that the State Legislature has authorized closing up to 40 recreation sites. Tiger Mountain State Forest, as a day use area without camping facilities, will not be closed, but some trails might be and site services may be minimized or shut down.

Snoqualmie DNR is left with \$200,000 a year to maintain 33 recreation sites and 167 miles of trails. And at the end of the year, enforcement officer Sean Callaghan will no longer be funded. So it's a do-less-with-less-help situation.

"Not everything is gloom and doom, however," Jarrett reports. The DNR/Mountains to Sound Greenway trail crews are still funded through 2012. And Jarrett cites the Issaquah Alps Trails Club members for their ongoing trailwork efforts.

FEMA funding will provide storm damage relief and repairs for several areas on Tiger, including a new bridge on the 15-Mile Railroad Grade Trail, a new bridge on the Tiger Mountain Trail's lower High Point crossing, and another 30-foot bridge on the TMT. The DNR is attempting to install a suspension bridge on the High Point crossing. In addition, the upper High Point crossing is being rerouted.

The MTSG will continue its volunteer work parties through the fall, and WTA is planning its own volunteer work parties in the fall and spring. Needless to say, volunteers are welcome to assist both groups.

"We are also developing some signage for Tiger Mountain to try to help reduce the occurrence of mountain bikers riding trails closed to their use," said Jarrett. He feels the signage may help to educate the mountain bike community.

## Squak Rates Destination *continued from page 1*

Issaquah City Councilman Dave Kappler also recommended Squak trails. "There are so many good trails. It's an undiscovered jewel for most trekkers," he said. "But for serious hikers, it's a great experience. And the view in all directions can be beautiful."

The club's Doug Simpson added, "It may not be an easy mountain for beginners, but there are some very rewarding trails. It's a great hiking experience. And the Washington Trails Association has recently worked hard to improve many of the trails."

The goal of the American Hiking Society is to promote and protect America's foot trails and the overall hiking experience.

### HIKER'S CORNER

By Joe Toynbee



Some of you may recall that last April we had a Teddy Bear hike, carrying on a tradition established by our founder, Harvey Manning. The idea was to have a Teddy Bear peeping out of each hiker's pack. This hike was noticed by Gene Kopelson, a member of the Theodore Roosevelt Association, as well as the IATC. Gene called me and suggested that the two groups hold a joint hike. This hike has been scheduled for October 10 of this year.

As you may know, the Teddy Bear was named after Theodore Roosevelt. He was probably the most physically active president this country has ever had. He also was responsible for the preservation of millions of acres of public land during his terms of office. It is altogether fitting that we honor him.

The hike will leave at 9 a.m. on Saturday, October 10 from the Trail Center and cover 4-5 miles on Cougar Mountain.

*(Ed. Note: Joe says "Teddy Bears Rule!" I trump that with "Roughriders Join IATC." --DS)*

## IATC LEADS THE BLIND



*IATC's Dick Amidei leads a blind hiker girl on a recent hike to Twin Falls.*

Sometimes it can be difficult to see clearly on a woody hike late in the day or during inclement weather. Imagine how a trail would seem if you couldn't see at all, if you were blind. Four leaders of the Issaquah Alps Trails Club recently took six blind Korean youths and two sightless Americans to Twin Falls on a sunny Sunday.

As hike leader Richard Mann asked, "How does one explain or lead when the word SEE is just incomprehensible? As the old saying goes, very carefully. The whole concept of leading sightless people was unknown to us, and this day we overlooked the ten essentials."

The Korean group was led by Sammamish resident Yang-su Cho, himself blind, who has been hosting and coordinating activities for blind Korean students up to college age for six years. He and his wife participated in the hike as well, and served as interpreters. They were accompanied by Mann, Steve Williams, Scott Semans and Dick Amidei from IATC.

After the initial introductions, the group set off with two white canes attached together. The first was for the blind student to tap his surroundings, and the second was a tether or physical connection to a sighted leader.

"For us leaders, it was a very quick and necessary learning process," Mann said, "to steer blind charges away from roots, rocks, etc., but most importantly away from the side of the trail and the 'unseen' dropoffs."

Then the leaders were faced with the problem of trying to explain the sights along the way, especially the spectacular falls. "For most of us," Mann said, "it was nearly impossible to describe the wonderful scenery and types of trees and plants. With the exception of Steve, we lacked the expertise."

"When we got to the falls," Mann added, "all I could say was LISTEN and give a description without using that SEE word."

According to Cho, the students had a great time and were very appreciative. "It was good hiking with your group. I look forward to having a similar opportunity next year," Cho said.

"For us who do see," Mann concluded, "it was a great learning experience to imagine how the blind can live without seeing, and it was great to give them a hiking experience."



## AREA TRAIL LINKS EXPLORED

By Peggy Price

An exciting new primarily off-road route is being contemplated from the Columbia River to Puget Sound. A Mountains to Sound bicycle route has already been completed along I-900 over Snoqualmie Pass. A pedestrian route from Cougar Mountain's Red Town Trailhead, then along Coal Creek and I-90, is being worked on by the City of Bellevue. Both of these routes end in downtown Seattle. A more southerly route is being constructed from Cougar Mountain (from the water tank access and from the DeLeo Wall Trail) to Puget Sound through an assortment of jurisdictions.

Newcastle Trails 501(c)3 volunteers, with help from the Issaquah Alps Trails Club (primarily Scott Semans), has built the Terrace Trail zigzagging down the west side of Cougar Mountain in Newcastle. This leads to the Highlands Trail that goes to Coal Creek Parkway, where a lighted pedestrian crossing leads to an access path northwest of the new bridge and retention pond. The pathway currently ends where the proposed trail will head into the woods of May Creek Open Space.

The City of Newcastle and Newcastle Trails have been route-finding from there to the current May Creek Trail (which follows the old Seattle and Walla Walla Railway to where the Kennydale trestle took off), and then down a proposed switchback to Renton's jurisdiction. Newcastle Trails and the Renton Parks Department envision a pedestrian bridge from there to SE 31<sup>st</sup> Street/Jones Avenue, a beautiful and little-used rural road fronting the open space, leading to where Lake Washington Boulevard crosses over I-405.

King County, Newcastle and the Renton have been gradually consolidating the May Creek Open Space with May Creek Gorge by purchasing parcels of private land in the valley.

While the Open Space links are only partially constructed, the general route is on the comprehensive plans of the respective contiguous cities. The

economic downturn has put a hold on the more expensive portions of the plan, but many area hikers are excited about completing the routing and scope of the project. The trail would be a vital and beautiful link in this Mountains-to-Sound route.

The City of Renton is also working with several other cities to connect a multi-use non-motorized pathway from Renton to Puget Sound in Des Moines. In Tukwila, it would also link the Interurban Trail that goes north to Alki Point in West Seattle and south past the Supermall in Auburn.

Another challenge is to find the most appropriate way to get from Rattlesnake Lake to Cougar Mountain that could be designated as the dominant Mountains-to-Sound backcountry pedestrian route. Once the route is decided upon, a consistent look to the signs could help hikers navigate the maize of trails to avoid unintended detours. A pedestrian way-finding sign with a look similar to the MTSG signs along I-90 is hoped for. In addition, an on-line milepost-type route description could be posted on the IATC, Newcastle, Renton and King County and maybe even State Parks websites.

It is exciting to be working with so many people who have the foresight to save these last-remaining corridors for future generations of both people and wildlife, and to make them accessible to low-impacted users who may come to love and care for them.

(Editor's note: Peggy Price is secretary/treasurer of the Newcastle Trails Club. She notes that financing and volunteer help would be welcome for some of these projects.)



# 'NO COMP ON BITCH'

By Harvey Manning

*(Ed. Note: In the recent special edition publicizing the dedication of the Manning statue, a chapter from Harvey's beach walk from Tacoma to Seattle was printed. The following is chapter two from the same manuscript.)*

The legal sleeping at Dash Point State Park was in the woods. To sleep in the woods, I had only to step outside the 200-meter hut (*Ed. Harvey's name for his Cougar Mountain home*). The point of this expedition was to sleep on the beach. To hear the lap-lap-lap of the wavelets. To inhale into dreams the tang of salt and stink of seaweed.

The past several years I'd recapitulated a lifetime of memories, walking a bookful of Whulge (*Ed. Harvey's name for Puget Sound*) beaches. Days and days and days. Adding up, however, to less than half the Whulge. Nights were needed to tie the isolated pieces into a whole greater than the sum of the parts.

The spring of 1938, aspiring (fingers crossed) to the faraway Eagle, my immediate view was of First Class. Most of my fellow scouts in Troop 324 were stalled at Second Class by the requirement of the Fourteen Mile Hike. Overnight. A single companion. No troop for social security, no Scoutmaster in loco parentis.

The two of us shouldered Trapper Nelsons where we lived, in the stump-rancher country north of civitas, and set out on deserted gravel roads, past scattered chicken ranches and one goat farm. At 5 miles we came to the meager civitas of Edmonds, where ferries set out for voyages across the Whulge and where the morning milk train rendezvoused with dairy farmers.

To finish half the required 14 miles, we switched from automobile roads to railroad, the tracks laid down in 1892 by the Empire Builder, Jim Hill, for his Great Northern. When Hill arrived on the North Dakota prairies, Gramps Hawthorne was raising a family on his and Gramma's share of the Homestead Act. They

kept on scrabbling to the turn of the century, then bundled the kids, the youngest the infant who became Mother, and on these tracks fled west.

The ceaseless gnawing of Whulge had left no room for rails. Blocks of granite had been railroaded from the Cascades for a seawall to expel waves from just enough beach along the base of the bluff. We had just enough beach at the seawall for a driftwood fire to fry hamburgers and onions and bake potatoes in the coals. Our sleeping bags butted heads against the wall. We kept our feet a wary distance from wavelets. The night's high tide, lacking the push of wind, fell inches short of too high.

My family's (sort of) stump-ranch was an hour's walk through forest to the Whulge. Swimming. Skipping rocks. Sitting on floating logs and paddling, simply messing about. The locomotives, "big wheel running by steam, little wheel by the grace of God," were the center ring. The engineer poked his head out one side of the cab, hand on the whistle cord to set skinny dippers to cheering. On the other side of the cab, the second-greatest personage in our world, the fireman, gave a wave and a grin.

By day the black giants were as exciting as the Western Front. By night they were nightmares. To sleep between the dragons inches from our heads and Whulge inches from our feet was a long leap from childhood. There would be First Class, Star, Life, the 21 merit badges for Eagle—and all grown up.

And now grown old.

The ranger came trucking down the valley to lock the restrooms and warn late picnickers the gates were being closed. Nobody was left to warn. The Kelty hid in the bushes.

Twilight dimmed to night. The Whulge was an enormous black emptiness, the uncreated. Sounds of civitas north and south and west were lost in the vastness of the vacancy, to the east were blocked out by the stuff of the Pleistocene ice, sculpted by Holocene waves into steeps that banned "real" estate.

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**"No comp on bitch" continued from page 7**

The valley that had been made a park was also unbuildable. At its mouth were parking lot, restrooms, picnic tables, lawns, and beach burned naked by bonfires. But to the south the park ended in a jumble of driftlogs below a jungle of bluff. I concealed my sleeping bag behind a log well-removed from the kempt park, as secure as could be from urban murderers and police.

Sleep was perfect peace until a monstrous silhouette reared up against the sky. In a futile last gasp I howled, "PEOPLE ARE TRYING TO SLEEP HERE!"

The silhouette vanished. From the far side of the log rose a groan. Then an apparent head. In a quavering whimper, "Man, you lak to skeer me half to death."

There proving to be no People to finish him off, he friendly-like extended an invitation (politely declined) to join him and his pals at the illicit bonfire on the park beach to smoke a toque.

At dawn, a "splat splat" on my bag. Not enough to rig a tarp. I carried my gear to the park. The shingling of a bigleaf maple was roof a-plenty. I spread sleeping pad on the lawn, lay down, and pulled the bag over me as a blanket.

CLATTER, CLATTER, CLATTER.

A park ranger was beating his billyclub on a picnic table. "No comp on bitch."

"Not camping, senior. Napping while the tide, la agua, goes out." I drew back my bag, revealing that I was fully clothed and booted.

What's to say to a passing Pippa? "No comp on bitch." He went off to unlock the restrooms.

**Presidents Report continued from page 3**

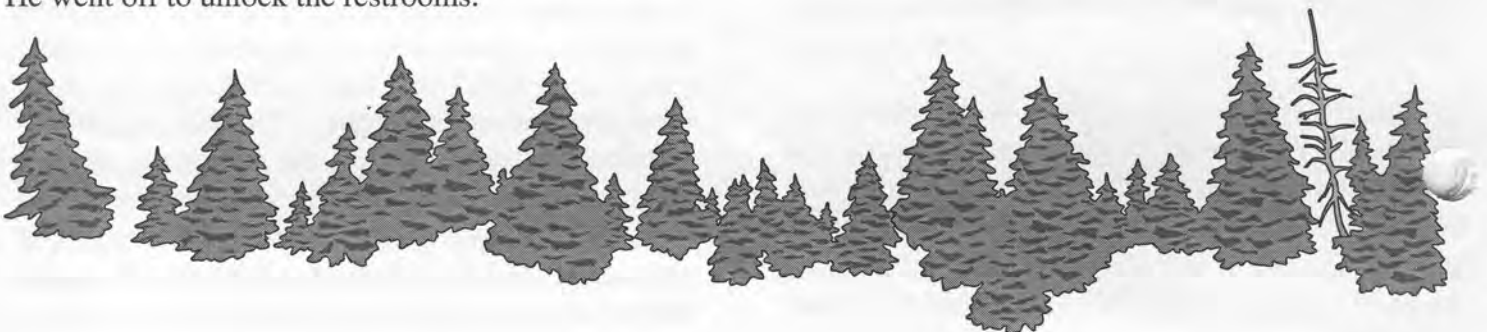
- 1) equestrians." *Yes, with the recognition that each use has its place, and that not all trails are suitable for all uses.*
- 2) "Encourage the use of public transit and other energy efficient transportation in and to the Issaquah Alps." *Needs more work, and perhaps more Metro busses?*
- 3) "Establish a hiking program that emphasizes all parts of the region and meets the needs of both beginners and those wishing more difficult challenges." *We think we've done quite well over the years, especially since all our hike leaders are unpaid volunteers. A number of other groups have sprung up, offering easy city volksmarching all the way to cascade mountaineering. We see our role as within the Issaquah Alps helping new folks get started, and instilling a respect and a love for the outdoors along the way.*
- 4) "Preserve history." *Done, and done reasonably well via leader apprenticeships and publication of hiking guides loaded with history and a special "100 Years of Hidden History" coal mining book. If you haven't read them all, you should mail in an order and enjoy.*

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After 30 years, these guidelines still apply, and IATC is still out there hiking and lobbying to preserve "some great big green places close to home." I think Harvey would be proud.





# Hiking Information

## Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

## Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

## Hiking Time

Class 1: 2 hours    Class 3: 6 hours  
Class 2: 4 hours    Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-per-hour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

## Degree of Difficulty

- A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.
- B: Some climbing, up to 1200 feet, or some other difficulty.
- C: More climbing, up to 2500 feet, or some other difficulty.
- D: Much climbing, over 2500 feet of elevation gain.

## Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades. Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.



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## Hike Information *continued from page 9*

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

*NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.*

## Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

## Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

## Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

## ✓ Checklist:

- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

*Don't leave the trailhead without them!*

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.



# Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to:

Issaquah Alps Trails Club Publications, P.O. Box 466, Issaquah, WA 98027

Name: \_\_\_\_\_ Address: \_\_\_\_\_

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Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds	15.00**		
Book: Guide to Trails of Tiger Mountain	15.00***		
Book: The Coals of Newcastle: A Hundred Years of Hidden History	15.00		
Book: Eastside Family Hikes	3.00		
Book: Squak Mountain: An Island in the Sky	15.00		
Book: 55 Hikes Around Snoqualmie Pass	10.00		
Map: Issaquah Alps Tiger Mountain, 1998 revision	2.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Map: Issaquah Alps Squak Mountain (2005)	6.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	8.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	8.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	8.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	8.00		

\*All prices include shipping and handling.

\*\*One (1) IATC Cougar Mountain Map included.

\*\*\*One (1) IATC Tiger Mountain Map included.

Total: \_\_\_\_\_

## Issaquah Alps Trails Club Foundation and Membership Request Form



Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps.

**Note:** Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.

Annual donation levels:

- p The basic hiker.....\$15
- p The project supporter.....\$25
- p The IATC sponsor.....\$50
- p The visionary.....\$100 and above

**IMPORTANT:** This form and your donation and/or membership request form should be mailed to: IATC Foundation, P.O. Box 351, Issaquah, WA 98027

Issaquah Alps Trail Club  
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Permit #70

Address Service Requested



\*\*\*\*\*AUTO\*\*3-DIGIT 980

Steve Williams  
12634 SE 4th Pl  
Bellevue WA 98005-3508

Renewal date  
10/1/2007

1/31

### Issaquah Alps Trails Club Publications

See page 11 for the publications order form.

Note: All of the following prices include shipping & handling.

- o *Flowering of the Issaquah Alps*—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.
- o *Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds*—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).
- o *Guide to Trails of Tiger Mountain*—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).
- o *The Coals of Newcastle: A Hundred Years of Hidden History* By Richard K. McDonald and Lucille McDonald. A complete history of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad. \$15.

- o *Eastside Family Hikes*—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.
- o *Squak Mountain: An Island in the Sky* By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others. \$15.
- o *Green Trails Tiger & Taylor Mountain*. Map 204S. \$8.
- o *Green Trails Cougar & Squak Mountains*. Map 203S. \$8.
- o *Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley*. Map 205S. \$8.
- o *Green Trails Mount Si NRCA & Snoqualmie Corridor*. Map 206S. \$8.
- o *Green Trails Quality Squak Mountain Map*. By IATC member Harry Morgan. \$6.
- o *IATC Tiger Mountain map*. 1998 revised. \$2.
- o *IATC Cougar Mountain map*. 2001 revised. \$2.
- o *55 Hikes Around Snoqualmie Pass* By Harvey Manning. \$10.



**OCTOBER 2009**

Saturday + Sunday, Oct 3 + 4  
**SALMON DAYS** - No hikes scheduled

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 Thursday, October 8 - 9am

**MIDWEEK HIKE**

Taylor Mt trails

2B, 6 miles, 800' gain

Steve Williams 425-453-8997

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 Saturday, October 10 - 9am

Cougar Mt - Sky Country  
 Joint Teddy Bear hike with  
 the Washington Chapter of the  
 Theodore Roosevelt Society  
 Bring a Teddy Bear to have  
 Peeping out of your pack.

2A, 5 miles, 400' gain

Joe Toynbee 425-228-6118

-----  
 Sunday, October 11 - 9:00am

One way hike Chirico TH to PooPoo  
 Point and back to Trails Center

3C, 7.2 miles, 1700' gain

Denis Harney 206-545-2829

-----  
 Saturday, October 17

Mason Lake - Call for start time

3C, 7 miles, 2300' gain

Richard Mann 425-281-8465

-----  
 Saturday, October 17 - 10am

Cougar Mt - Red Town to Marshall's Hill Loop

2B, 4 miles, 600' gain

Bert Drui 425-746-0709

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 Sunday October 18 - 9:30am

Snoqualmie Ridge Overlook. Loop

Hike to views of Snoq. Valley

Return thru housing development

2B, 5.5 miles, 850' gain, Slow Pace

Fred Zeitler 425-882-3435



**OCTOBER Cont.**

Thursday, October 22 - 8:30am

**MIDWEEK HIKE** - Tiger Mt

West Tiger #1 via High Pt/TMT trails

3C, 11 miles, 2300' gain

Robb Mitchell 425-785-8469

robmmitchell@comcast.net

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 Thursday, October 22 - 7pm

IATC Board Meeting

Trails Center - 1<sup>st</sup> + Bush

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 Friday, October 23 - 9:30am

**MIDWEEK HIKE** - Dogs Welcome

Bring leash, baggies, water

Leader's Choice in Issaquah Alps

2B, 4-5 miles, 600-1000' gain

Jean Lanz 206-322-0990

-----  
 Saturday, October 24 - 9:30am

North Bend's Little Si

2C, 5 miles, 1300' gain

Mary Nolan 425-837-1535

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 Sunday, October 25 - 1pm

Tiger Mt - Tradition Plateau

Explore trails, lakes, wetlands +

Biological diversity.

2B, 5-6 miles, 600' gain

Dave Kappler 425-392-3571

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 Saturday, October 31 - 8:30am

Tiger Mt - Wrights Reach Loop

3C, 8 miles, 1600' gain

Ron Howatson 425-392-8344



**NOVEMBER 2009**

Sunday, November 1 - 9:30am

**STANDARD TIME BEGINS**

Dogs Welcome Hike

Bring leash, baggies, water

Leader's Choice in Issaquah Alps

2B, 4-5 miles, 600-1000' gain

Jean Lanz 206-322-0990

-----  
 Saturday, November 7 - 9:30am

Cougar Mt - Lost Beagle Loop

2A, 4 miles, 400' gain

Joe Toynbee 425-228-6118

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 Sunday, November 8 - 9:30am

Cougar Mt - Loop hike from Sky

Country to AA Peak via Clay Pit

2B, 4.5 miles, 650' gain Slow Pace

Fred Zeitler 425-882-3435

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 Tuesday, November 17 - 7pm

Hike Leaders' Meeting

Trails Center - 1<sup>st</sup> + Bush

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 Friday, November 20 - 9:30am

Dogs Welcome Hike

Bring leash, baggies, water

Leader's Choice in Issaquah Alps

2B, 4-5 miles, 600-1000' gain

Jean Lanz 206-322-0990

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 Saturday, November 21 - 9am

Rattlesnake Mt to Grand

Prospect from West End

3C, 10 miles, 1700' gain

Richard Mann 425-281-8465

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 Sunday, November 22 - 9am

E Cougar Mt - Loop hike from the

Talus Bridge Trail visiting the Claypit,

Wilderness Peak + AA Peak

3C, 9 miles, 1500' gain

Ralph Owen 425-746-1070

NOVEMBER Cont.

Friday, November 26 - 9:30am  
THANKSGIVING DAY  
Leader's Choice - short hike  
2B, 4-5 miles, 600-1000' gain  
Mary Nolan 425-837-1535

Saturday, November 28 - 9:30am  
Twin Falls - Popular winter hike  
To great waterfalls - Slow Pace  
2B, 3 miles, 650' gain  
Fred Zeitler 425-882-3435

Sunday, November 29 - 9:30am  
SW Cougar Mt-May Creek Exploratory  
2B, 5 miles, 500' gain  
Steve Williams 425-453-8997



DECEMBER 2009

Saturday, December 5 - 9am  
Squak Mountain - Loop hike over  
Central+West Peaks; Rainier lunch view  
3C, 6 miles, 1,800 ft. gain  
Scott Pruetter 425-269-3079

Sunday, December 6 - 9am  
South Squak Mt - Loop hike from  
S Squak SP parking lot will visit  
West and Central Peaks enroute  
3C, 8 miles, 2000' gain  
Ralph Owens 425-746-1070

Thursday, December 10 - 9:30am  
MIDWEEK HIKE  
Hike the trails of Soaring Eagle Park  
2B, 6 miles, 500' gain  
Steve Williams 425-453-8997

IATC ENCOURAGES CARPOOLING +  
RECOMMENDS \$1 MINIMUM OR  
15¢/MILE GAS CONTRIB TO DRIVER

DECEMBER Cont.

Saturday, December 12 - 9am  
Squak Mt - Eastridge Eastside loop  
2C, 6 miles, 2000' gain  
Doug Simpson 425-392-6660

Sunday, December 13 - 9:30am  
Cougar Mt - Loop from Redtown to  
Far Country + beyond - Slow Pace  
2B, 5 miles, 1000' gain  
Fred Zeitler 425-882-3435

Friday, December 18 - 9:30am  
MIDWEEK HIKE  
Dogs Welcome Hike  
Bring leash, baggies, water  
Leader's Choice in Issaquah Alps  
2B, 4-5 miles, 600-1000' gain  
Jean Lanz 206-322-0990

Saturday, December 19 - 9am  
Squak Mt - Loop hike from  
South end  
3C, 8 miles, 2000' gain  
Richard Mann 425-281-8465

Sunday, December 20 - 9am  
Tiger Mt - PopPoo Pt loop  
2B, 5 miles, 1900' gain  
Ron Howatson 425-392-8344

Sunday, December 20 - 10:30am  
Tiger Mt - Tradition Lake loop  
2A, 3 miles, 200' gain  
Bert Drui 425-746-0709

Saturday, December 26 - 9:30am  
Cougar Mt - Visit 3 waterfalls -  
Far Country, Doughty, and Coal  
Creek Falls  
2B, 6 miles, 900' gain  
Bob Gross 425-427-8449

Sunday, December 27 - 9am  
Cougar Mt - Leader's Choice  
2B, 4 miles, 500' gain  
Steve Williams 425-453-8997



JANUARY 2010

Friday, January 1 - 9:30am  
NEW YEAR'S DAY

Dogs Welcome Hike  
Bring leash, baggies, water  
Leader's Choice in Issaquah Alps  
2B, 4-5 miles, 600-1000' gain  
Jean Lanz 206-322-0990

Saturday, January 2 - 9:30am  
Rattlesnake Mt - Stan's Overlook  
2C, 5 miles, 1400' gain  
Mary Nolan 425-837-1535

Sunday, January 3 - 1pm  
Tiger Mt - Tradition Plateau  
Explore trails, lakes, wetlands +  
Biological diversity.  
2B, 5-6 miles, 600' gain  
Dave Kappler 425-392-3571

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GEAR CHECKLIST = WATER, FOOD,  
DAYPACK, RAINGEAR, WARM CLOTHES,  
HIKING SHOES/BOOTS

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PLEASE CHECK

NUMBER / LETTER CLASSIFICATION  
FOR HIKE DIFFICULTY

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ALL HIKES MEET AT THE TRAILS  
CENTER - 1ST AND BUSH IN ISSAQUAH.  
HIKES LEAVE AT THE TIME STATED  
SO PLAN TO ARRIVE A BIT EARLIER

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