

# THE ALPINER



April ♦ May ♦ June 2007

Cougar ♦ Squak ♦ Tiger ♦ Grand Ridge ♦ Taylor ♦ Rattlesnake

## SCOUT DOES SQUAK

By Cathy Brandt  
IATC Squak Watcher

In early January, I was thrilled to get a call from a young man, Frank Pariezek, of Boy Scout Troop 498. He was looking for an environmental project to fulfill his Eagle Scout requirement, and I agreed to help him. I had many ideas for things he could do on Squak Mountain, but he had only a month to complete his project, and it was the middle of winter. He opted for tree planting, and he could remove some invasive plants in the process.

We chose an area of Squak Mountain State Park near our home (above High Valley). My husband and I had previously cleaned up the area after the previous owner had encroached onto the park, and we had submitted our own adjacent property for King County's Open Space program. (It is very important for us to be able to provide contiguous native wildlife habitat, and to disturb the native species as little as possible while on the mountain.)

Frank led a crew of approximately twelve young men (and a few adults) in the restoration project, with myself and Scout Leader Steve Haffner serving as consultants. Lake Sammamish State Park and Mountains to Sound Greenway groups had

sanctioned the project, as had Doug Simpson, IATC President. First, the troop pulled up a moderate-sized bamboo grove, some holly trees and reed canary grass plants from the disturbed areas, being careful not to disturb the surrounding native vegetation. They planted approximately 40 Western Hemlock, 15 Douglas Fir, and 5 Western Red Cedar seedlings, using proper planting techniques and compost (as a mulch) around the trees.

Frank's group worked hard and were ahead of schedule by noon the first day. They were able to expand their efforts to another area where several large Douglas Fir trees had come down in our recent windstorm. Throughout the project, I stressed to the group how important it was to look at the big picture. We discussed things like larger openings in the canopy, where Douglas Firs may be happy to soak up the sun and shade out weeds. Cedars were planted in an area where there was extra moisture, and hemlocks where they would be shaded by surrounding trees. We also discussed plans for watering the first summer.

Frank and his team gave 125 hours to our community. I was impressed with his ability to change project plans without confusion or stress, and with his leadership skills. The project ended up including the removal of some unearthed trash as

*continued on page 4*

## IATC PLANS EARTH DAY PROJECT

Have you been thinking of "giving back" to the trails you enjoy so much, and wondering how to go about it? This coming Earth Day (Sunday, April 22), IATC will hold a special trail work event from 9 a.m. to 2 p.m. All members, family, and friends are invited to come out and "get dirty." It's a great way to meet other members and enjoy the woods while helping out the trails.

Back in the 1980s when the club was young, dozens of member volunteers would turn out to special weekend trail-building events. That's how such trails as Cougar Mountain's Licorice Fern came into existence. Nowadays groups such as WTA, VOW, the Greenway, and public land managers do the lion's share of new trail construction and restoration. But IATC is still a major player, contributing over 4200 hours in 2006 (and 34,000 hours since 1994!), mainly in trail repairs, brush, and windfall removal.

It hasn't been decided yet what the project will be—perhaps the grand opening of a new trail, the kickoff of a new project, or building a small bridge—but club leaders promise to make it special and fun. No prior

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# The Apparatus

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Whenever possible, please use e-mail to contact any member listed below.

*The Alpiner* is published in January, April, July, and October.

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IATC-subsists-on-member donations only. Please send your tax-deductible contributions to the address above to help sustain our efforts to preserve, protect, and promote the Issaquah Alps and local environment.

Articles are welcome, preferably via e-mail to: [d.simpson@msn.com](mailto:d.simpson@msn.com)  
Send diskette or hard copy to post office box number above.

Issue deadlines: November 21 for January; February 21 for April; May 21 for July; August 21 for October.

**Note:** All telephone numbers are area code 425 unless otherwise noted.

## PRESIDENT'S REPORT

By Doug Simpson

Year after year perhaps the most outstanding, even amazing quality of the Issaquah Alps Trails Club is the incredible amount of volunteer trailwork performed. Led by crew leaders Bill Longwell (the club's Chief Ranger since Harvey Manning bestowed the title upon him years ago), Scott Semans and Pete Girard, these diligent and selfless crews turned in another amazing year.

After the big storms of recent years, one might expect less need for trailwork in 2006. However, the big December windstorm resulted in a year-end burst of activity, pushing the crews to near-record participation. Totals for trailwork trips (408) and days (412) exceeded even 2005, and total worker days (694) and worker hours (4284) were on the heels of the previous year's stellar efforts. Imagine what this means, dear readers. Fewer than twenty regular volunteers, plus the many occasional volunteers who reported to Semans for duty, in total, put in about twelve hours a day, every day, throughout the year. We cannot thank them enough.

A positive sign, according to Longwell, is that there were some new recruits this past year. Many of the volunteers work by themselves. In fact, there were 288 single work days during the year, almost one per day. And five of these heroic folk worked between 20-80 times in the past year.

Areas receiving the most attention were, as might be expected, Tiger Mountain (23 trails with 125 trips and 1067 hours) and Squak Mountain (8 trails with 88 trips and 1174 hours). The US Forest Service benefited with 19 areas receiving attention, including demanding access to places such as Pratt Lake, Mt. Defiance, Granite Mountain, McClellan Butte and

Mason Lake, all of which take great effort getting to them even before the work starts.

As might be expected due to the windstorm, December was the volunteers' busiest month, as they worked 23 days that month, including two trips totaling 16 hours on Christmas Day. One of these, on Tiger Mountain, resulted in 20 trees being sawed. Merry Christmas! The other busiest months were April (20 days) and February (19).

The devoted regulars last year included Debbie and Russell Anschell, Sally Davies, Bill Davis, Pete Girard, Eva Hayward, George, Ken Hopping, Ron Howatson, John Johnson, Rich Johnson, Scott Jurrek, Bill Longwell, Scott Semans, Karen Tom, Joe Toynbee, Ed Vervoort and Vania Wang.

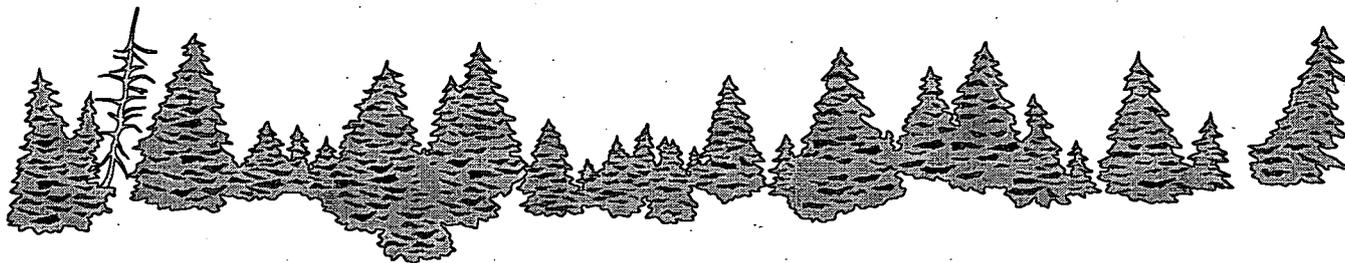
If you see any of them, please thank them for their efforts that we all benefit from.

### UNSUNG HERO #7

This This quarter I've decided to add to my list of IATC's unsung heroes two long-time mostly behind-the-scenes participants whose contributions over the years have been outstanding. Why two? Because they are a married couple who often provide two for the price of one, so to speak: MARTY and LARRY HANSON.

Neither has ever held elective office or served on IATC's board. No matter. There are lots of ways to serve. Larry is the designated "Tiger Watcher."

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### Unsung Hero *continued from page 3*

The Hansons live on Tiger Mountain and walk its trails regularly. Larry is certainly our most diligent "Watcher." He looks for problems and bird dogs the proper authorities to deal with issues and problems as they arise.

Bill Longwell, author of the successful, often reprinted **GUIDE TO TIGER MOUNTAIN TRAILS**, credits Marty with being his chief editor for over twenty years, including the old map that comes with the book. Larry is a skilled photographer who has assisted not only Longwell, but the Mountains to Sound Greenway as their most noted photo contributor, from the first hike in 1990 to the present.

Both are long-time friends of Harvey and Betty Manning (see their articles in our special Harvey Manning edition of our publication). They had more to do with the special *Alpiner* than anyone else. Immediately after Harvey's death, they impressed upon me the need to do a special issue. Then they contacted countless people hither and yon, exhorting them to submit articles (two more of them appear in this issue). And, of course, Larry took the wonderful photos of Harvey in that publication.

Marty, a former technician at Overlake Hospital, is an expert on butterflies and is also a birder. Both serve as unofficial historians for IATC. So, in any pantheon of unsung heroes of the Issaquah Alps Trails Club, **MARTY** and **LARRY HANSON** deserve a prominent place.

### Scout Does Squak *continued from page 1*

well—a metal bed frame/spring, visqueen, rope, glass, cans, etc. I told the troop that the IATC could always use extra hands in keeping our Issaquah Alps as naturally beautiful as possible.

We want to thank Cedar Grove Composting for their donation of 20 bags of compost, the Mountains to Sound Greenway for a donation of 20 trees, an anonymous donor for 40 additional trees, and, of course, special thanks to Frank Periezek and Troop 1498.

### Dear Editor:

After reading the IATC memorial issue on Harvey Manning, I felt compelled to comment on this fascinating person. I only had the fortune of a fleeting introduction to Harvey during an "outdoors" event where he was signing his trail books. Since I'm only about half his age—and have been busy over the years with family, work, and environmental activism mostly in the south Seattle area—I could not have known what I was missing.

Had I known Harvey was making such a marked difference where I would one day live, in the Issaquah Alps, I would have eagerly sought him out. I would have listened, watched, followed and learned as much as possible from him, to use as additional tools in efforts to protect our remaining wild places. Oh, how I wish I could have known Harvey personally!

What impressed me the most about Harvey, through the writing that so many contributed, was the fact that he was different, or, to put it bluntly, eccentric! He didn't care who he might make angry, what he looked like during the process, or how long it might take to accomplish his unselfish drive to protect our natural treasures. He was determined to make things happen, and often his way! The humor that he stimulated, and the attention he mustered, must have been quite intriguing. I don't know if he was a grandfather, but he would have made a great one! I love how he refused to move ahead technologically, using an old typewriter and carbon paper, etc.

Thanks to all of you for sharing your memories with those of us who never knew Harvey. It has inspired me to take more time to enjoy our beautiful natural world, and to work harder and more efficiently at protecting it. I'm sure many others feel the same. Good job, *Alpiner* contributors. ---Cathy Brandt



About the early 1900s: "Few people knew much of anything about the North Cascades. . . For the America which had recently gained the freedom of the wheels, what could not be seen from an automobile window did not exist." --H. Manning

## JIM CADIGAN'S TRAILS

By Bill Longwell

While many remember Jim Cadigan's long stint as an IATC treasurer, few know of his dedicated trail building and trail maintenance. Jim spent much time over two decades devoting time to trail work. It's time to tell his story.

In 1982 King County Parks began rebuilding the old Northern Pacific Railroad grade into a ten and one-half foot paved trail from Preston to the Lake Alice Road. This finished trail induced many hikers to walk the old grade east from the Lake Alice trailhead back towards Snoqualmie Falls. In 1989 the county continued the trail building, paving the grade from the Lake Alice Road to its present end at the Snoqualmie Falls overlook. The county built a total of about 6 ½ miles of trail that is now highly popular.

The problem? The trail did not connect with the town of Snoqualmie; it dead-ended at the overlook. A mile-long gap existed then and still does today after almost twenty years.

In the mid 1980's I began to hear of Jim Cadigan's work to "close the gap." Someone told me that he and a friend had built a path from the present end of the historic railroad line at the falls to the west end of a high and long trestle, almost to the present trail's end. I determined to find and follow Jim's path. Over the years it became one of my favorite hiking routes.

At one time three trestles carried trains along this stretch. However, when the railroad abandoned the route in 1974, some group removed the eastern trestle. Two remained, one short and one long. Jim's path crept along a cliff where the eastern trestle was missing, then followed an up and down route under the other two trestles. The route is strenuous and tiring, but walkable.

I began hiking this route in 1983. Following Jim's path, I could connect the two ends in twenty-one minutes. This I did many times using this path to walk from Snoqualmie to Issaquah.

Twenty-three years later, in 2006, Puget Sound Energy and King County Parks, owners of the "missing link route," held a year-long series of public meetings trying to find a way to fill in the missing link with a finished trail. Nothing much has been accomplished so far, and it looks as if the missing link will not be completed. Jim's old trail, still walked by many hikers, may yet endure as the only trail there, even though both ends are blocked by fences.

The first time I actually met Jim Cadigan came on October 12, 1985. The IATC, on a work party led by Will Thompson, decided to build a trail up Little Si. Few people know that the first official trail there was built by our club. This work was later continued by John Johnson. This was ten years before the Washington Department of Natural Resources began to get involved here. Recently DNR built a great trail head and short trail to connect to its refurbished Little Si Trail.

On that work party, besides Jim Cadigan, were several IATC stalwart and founding members: Harvey Manning, Ruth Itner, Betty Culbert and Joe Toynbee, all people much associated with regional trails.

Jim continued his trail work into the 1990's. In the mid 1990's IATC trail crews relocated many unsatisfactory and poorly built sections of the original Tiger Mountain Trail, especially some on the south side of West Tiger 1, and Jim was there for each work party. He left his mark.

### **Earth Day Project** *continued from page 1*

experience is needed—just sturdy shoes and some clothes you don't mind getting dirty. Your volunteer crew leaders will provide tools, gloves, snacks, and information on tool safety and the techniques of trailworking.

We will meet at 9 a.m. at the usual gathering spot, the Trail Center at 110 Bush Street in Issaquah, and carpool to the work site. You can just show up, but an RSVP would help in planning for tools. Questions are welcome to Scott Semans, Trailwork Volunteer Coordinator - 425-369-1725 or Ssemans@comcast.net.

(Editor's Note: The special Manning edition of the *Alpiner* did not include these two articles that arrived too late to include. -DS)

## BOYLE AND MANNING

By Brian Boyle

(Former State Commissioner of Public Lands)

I understand you are looking for Harvey reminiscences. Here's mine.

I have to say that Harvey was probably my best friend among environmental activists. I never felt that Harvey would say something different about what he believed in a different context than he would say directly to me, and he would say some pretty direct and critical things to me. I also knew that whatever he said was vested in reality and observation, rather than emotion or hearsay, and I could believe it and take it to the bank when I used what he suggested to guide some DNR action.

We went on a couple of hikes together, and these were great experiences. The first one has been told many times, as it was when I was the newly-minted Lands Commissioner, and after a wet doggy ride in Harvey's VW, and a very wet hike on Tiger Mountain, we ended at the Roll In Log Tavern in Issaquah, and the discussion over much beer convinced me that all of Tiger had to be put into State hands to protect it. That begat the Tiger Mountain Advisory Committee, and I'm convinced that much of our next twelve years were guided by the success of that experience. What we learned was that people could be trusted to help agencies plan critical resources. It's too bad the Forest Service never bought that message.

The last thing I'd like to say is that if you haven't read *WALKING THE BEACH TO BELLINGHAM*, please take it from me—it's a jewel of astute Harvey Manning observations.



## 'HARVEY MADE GOOD THINGS HAPPEN'

By Laurene McLane

Harvey had vision, well-conceived, articulated justifications for the vision and an uncanny sense of political timing in how to materialize the vision.

I met him in 1980 when the Issaquah Alps Trails Club was a scrappy band of hikers tired of what Weyerhaeuser and their like were doing to the easy pickings of lowland Tiger timber, leery of land speculators and developers drooling over the prospects of urban sprawl, and increasing demands of those speedy, noisy pursuits in public spaces.

Harvey had already launched a campaign with the newly elected State Commissioner of Public Lands, Brian Boyle: the Tiger Mountain State Forest was soon realized. Cougar Mountain Regional Wildland Park followed, even closer to metropolitan Seattle, within the decade.

Why shouldn't "Issaquah Alps" (top elevation 3006') become a household word? Why shouldn't there be an unmanicured urban wildland park on the Metro bus line? A "working forest" in an urban environment? Why should every conceivable wheeled recreation toy be given a piece of the pie at the expense of quiet low-impact pursuits?

Harvey, with his unforgettable style, made a lot of good, enduring things happen. He emboldened some of us to define and recognize principles we never realized we had. I treasure forever having known Harvey.

## 4<sup>th</sup> FIREWORKS HIKE SET

By Ralph Owen

The Second Annual Revival of the Issaquah Alps Fireworks Viewing hike will be held this year on the evening of July 4<sup>th</sup>. This event was held annually in the early years of the club. We would hike up from High Point to the top of West Tiger 3 in the late afternoon to watch the fireworks shows across Pugetopolis, including Seattle's, from the top. Our founding president, Harvey Manning, led the charge. In the first few years, Harvey invited members to camp out on the top with him as he planned to sleep out there wrapped in "a horse blanket and plastic table cloth." It is not known if anyone took him up on this invitation--or if even he ever spent the night up there. Most people made their way down the trail to their cars at High Point by flashlight. Later, when camping was officially outlawed in the Tiger Mountain State Forest, the fireworks viewers hiked down in the dark as a group.

Last year the Fireworks Viewing hike was scheduled for the first time in almost 20 years. We enjoyed spectacular fireworks displays across the Puget Sound Basin, from south of Auburn to Bellevue. While we got a glimpse of Seattle's displays from West Tiger 3, it was evident that with over twenty years of growth the trees had almost completely blocked the views in that direction that we had enjoyed in the club's early years. This year we are going to Poo Poo Point, where a more open view to the north is expected (weather permitting).

Meet at 6:30 p.m. at the normal Issaquah Trail Center meeting place and we will hike uphill from there at a moderate pace via the High School and Poo Poo Point trails. We will be planning to arrive at Poo Poo Point at about sunset for the beginning of fireworks time. Plan to spend at least 90 minutes on top. It is very important that you bring plenty of warm clothes, a windbreaker or raincoat and a hot drink as it can become very cold after the sun goes down. After the fireworks we will hike in the dark, as a group, at a slow pace down the Chirico

Trail to the paraglider landing field. Bring your own light and extra batteries for this hike! Many if those who attended last year had not hiked a trail in the dark before. While they all enjoyed the new experience, they found that there seemed to be more rocks, roots and logs on the trail than they had encountered in the daylight. All agreed that bright headlamps or flashlights were required!

This hike will require setting up a car shuttle to get the hikers back from the paraglider landing field to Issaquah. If you are planning to take the hike, and are willing to help in the pre-hike car positioning, meet the hike leader at the Issaquah Trails Center at 6:10.



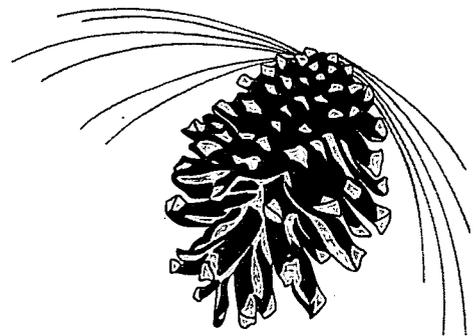
"I hoped the wilderness rangers would forgive me for declaring an emergency and staying at a spot too fragile for camping. I didn't really camp, just rested overnight. Ate cheese and crackers and drank orange juice. Spread mattress and bag on a rock and crawled in and wrapped up in a plastic tablecloth and went to sleep listening to fog. You have to listen close."

--H. Manning



"They've logged my memories, they've cut me adrift from my human youth, they've left me to changeless wilderness to connect the "Whatever-I-was-then" to the "Whatever-I-am now." They made me what I am today, those Devils, and I hope they're satisfied. Because now they're going to get it."

--H. Manning



APRIL 2007

Sunday, April 1 – 9am  
Cougar Mt Loop from Redtown  
3C, 8-10 miles, up to 2500' gain  
Richard Mann 425-391-0410

Saturday, April 7 – 9am  
Cedar Butte via Xmas Lake  
2B, 5 miles, 1000' gain  
Bob Gross 425-427-8449

Sunday, April 8 – 9am  
Squak Mt – Thrush Gap  
3C, 6 miles, 1600' gain  
Steve Williams 425-453-8997

Sunday, April 8 – 10am  
DOGS WELCOME Hike-bring  
Leash and clean-up supplies  
Tradition Lake Plateau Loop  
2B, 5-6 miles, 600' gain  
Karen Tom 425-391-7585

Saturday, April 14 – 9am  
Cougar Mt – Double loop @  
Wilderness Pk and on to  
Longview Peak  
3C, 7 miles, 1900' gain  
Scott Prueter 425-369-6016

Saturday, April 14 – 10am  
Cougar Mt History Hike  
2A, 2 miles, 100' gain  
Bert Drui 425-746-0709

Sunday, April 15 – 9am  
W Tiger 3 to RR Grade  
Return via Poo Poo Pt Trail  
Car Shuttle  
3C, 8-9 miles, 2000' gain  
Tom Palm 206-783-6005

Sunday, April 15 – Noon  
Grand Ridge + Issaquah  
Highlands exploration  
2B, 6 miles, 900' gain  
Dave Kappler 425-392-3571

Friday, April 20 – 9:30am  
Cougar Mt – Deleo Wall via  
May Ck + Highland Trails  
2B, 6 miles, 900' gain  
SLOW PACE  
Warren Jones 425-391-7409

Saturday, April 21 – 8:30am  
E Tiger – highest Tiger Mt Peak  
3D, 10 miles, 2500' gain  
Ron Howatson 425-392-8344

Saturday, April 21 – 9:30am  
Tiger Mt – Talus Caves + Nook  
Trails – FAMILY NATURE HIKE  
2A, 2-3 miles, 100' gain  
Karl Brummert 516-426-4358  
Joe Toynbee 206-723-6716

Sunday, April 22 – 9am  
EARTH DAY – Several  
Trailwork hikes scheduled  
(see article in this issue)  
MEET AT TRAILS CENTER  
Scott Semans 425-369-1725

Thursday, April 26 – 7pm  
IATC BOARD MEETING  
Trails Center – 1<sup>st</sup> + Bush

Saturday, April 28 – 8:30am  
S Tiger – 2 small loops via TMT +  
Powerline Trail – SLOW PACE  
2B, 4.5 miles, 800' gain  
Fred Zeitler 425-882-3435

Sunday, April 29 – 8:30am  
Tiger 2+3 from Highpoint  
3D, 9 miles, 2700' gain  
Richard Mann 425-391-0410

Sunday, April 29 – 9am  
Rattlesnake Ledge #1  
2C, 5 miles, 1300' gain  
Mary Nolan 425-837-1535

MAY 2007

Saturday, May 5 – 8:30am  
Donna's Pinnacle from Rattlesnake Lk  
Climb past ledges + East Pk to seldom  
Visited viewpoint. Return similarly  
3D, 10 miles, 3100' gain  
Ralph Owen 425-746-1070

Sunday, May 6 – 9am  
Cougar Mt – AA Peak via Newport Way  
2C, 6 miles, 1400' gain  
Bob Gross 425-427-8449

Sunday, May 6 – Noon  
Cougar Mt – Explore Talus urban  
Village and Wildland Park  
2B, 5 miles, 1200' gain  
Dave Kappler 425-392-3571

Saturday, May 12 – 9am  
Squak Mt. Loop hike over Central+  
West Peaks with Rainier view.  
3C, 7-8 miles, 2000' gain  
Scott Prueter 425-369-6016

Sunday, May 13 – 8:30am  
Mt Si via Old Trail  
3D, 8 miles, 3500' gain  
Richard Mann 425-391-0410

Sunday, May 13 – 10am  
Cougar Mt – Sky Country Loop  
2A, 3 miles, 500' gain  
Steve Williams 425-453-8997

Saturday, May 19 – 8am  
Tiger Mt – TMT from N to S  
Car shuttle – moderate pace  
4D, 16 miles, 3500' gain  
Ron Howatson 425-392-8344

Saturday, May 19 – 9:15am  
Squak Mt – Loop hike from N to  
SW corner of park – Rainier views  
At lunch – SLOW PACE  
2B, 5 miles, 1200' gain  
Fred Zeitler 425-882-3435

Sunday, May 20 – 8:30am  
Cougar Mt Traverse from the N across  
Regional Park to Wilderness Ck TH  
A mix of both unmaintained + good  
Trails – CAR SHUTTLE REQUIRED  
3C, 7-8 miles, 1800' gain  
Ralph Owen 425-746-1070

Sunday, May 20 – 10:30am  
Lakemont Gorge – Descend thru ferns,  
Moss + maples to urban trail. Walking  
Sticks helpful for stream crossings  
2A, 4 miles, 430' gain  
Bert Drui 425-746-0709

Wednesday, May 23 – 7pm  
HIKE LEADERS' MEETING  
Trails Center – 1<sup>st</sup> + Bush

Saturday, May 26 – 9am  
Tiger Mt – HS Trail to  
Sectionline Loop Trail  
3B, 6 miles, 900' gain  
Doug Simpson 425-392-6660

Saturday, May 26 – 9:30am  
Tiger Mt – BOTANY HIKE  
Tradition Lake Plateau  
2A, 2-4 miles, 200' gain  
Joe Toynbee 206-723-6716

Sunday, May 27 – 8:30am  
Rattlesnake Mt – Donna's Pinnacle  
4D, 12 miles, 2500' gain  
Richard Mann 425-391-0410

Monday, May 28, Memorial Day – 9am  
W Rattlesnake Ridge – Powerline  
Prospect with views to Tiger Mt - on  
to Stan's Overlook - SLOW PACE  
2C, 6 miles, 1400' gain  
Fred Zeitler 425-882-3435

JUNE 2007

Saturday, June 2 – 9:30am  
Taylor Mt – New 1-way hike  
With short car shuttle  
2B, 4 miles, 600' gain  
Harry Morgan 425-432-3249

Sunday, June 3 – 9am  
Tiger Mt – S TMT to Middle Tiger  
Then to Preston – Car Shuttle  
3C, 10 miles, 2000' gain  
Tom Palm 206-783-6005

Sunday, June 3 – 1pm  
Return to Newcastle History Walk  
2A, 2-3 miles, 150' gain  
Steve Williams 425-453-8997

Saturday, June 9 – 8am  
W Tiger 2+3 Exercise Hike  
A combination of trails with steep  
Climbs to peaks – Moderate pace  
4D, 11 miles, 3250' gain  
Ralph Owen 425-746-1070

Sunday, June 10 – 9am  
Little Si – with great views  
From the top  
2C, 5 miles, 1300' gain  
Mary Nolan 425-837-1535

Sunday, June 10 – Noon  
Hike from Trails Center to  
Tradition Plateau  
2B, 6 miles, 600' gain  
Dave Kappler 425-392-3571

Saturday, June 16 – 9am  
Loop hike over W Tiger 2 via  
TMT+K3. Return via W Tiger 3  
3C, 8 miles, 2500' gain  
Scott Prueter 425-369-6016

Sunday, June 17 – 10:30am  
Cougar Mt – Nike launch site to  
AA Peak – some history  
2A, 4 miles, 250' gain  
Bert Drui 425-746-0709

Saturday, June 23 – Alpine Lakes  
Olallie Lake from Denny Creek  
2C, 6 miles, 1500' gain  
CALL LEADER FOR SIGNUP  
Doug Simpson 425-392-6660

Sunday, June 24 – 8:30am  
Annette Lake – a sylvan hike to  
A tantalizing tarn!  
3C, 8 miles, 1900' gain  
Richard Mann 425-391-0410

Saturday, June 30 – 9am  
Cougar Mt – 1-way Newcastle to  
Licorice Fern via DeLeo Wall  
2A, 3.5 miles, 500' gain  
Scott Semans 425-369-1725

JULY 2007

Sunday, July 1 – 10am  
Squak Mt loop  
2B, 6 miles, 1200' gain  
Karen Tom 425-391-7585

Wednesday, July 4 – 6:30pm  
Tiger Mt - FIREWORKS viewing  
From PooPoo Pt – evening hike  
(see article this issue) Bring hot  
Drink, snacks, warm clothes,  
Headlamps/flashlights + extra  
Batteries. Ascend via HS trail,  
Descend via Chirico trail in dark  
Car shuttle – moderate/slow pace  
3C, 7 miles, 1900' gain  
Ralph Owen 425-746-1070

## REFLECTIONS ON COUGAR

By Harvey Manning

(Ed. Note: This article, presenting impressions of Mr. Manning's life on Cougar Mountain from the months of March to October, was received prior to his passing away last November. It is certainly one of the last things he wrote. Due to its length, it will be broken up into two or three issues.)

### MARCH

Is this a rain that pats me on the head so kindly, or is it the gentle fingers of an angel? A mudpuddle dimples. Concentric tsunamis (to a spider-mite) radiate to the shores.

The dam in the sky busts, the ocean presses my hair into my scalp. Naked alders rattle, maples creak and groan. . . watch out for widowmakers.

The squall bustles eastward to Squak. The black fury thins to reveal—Tiger! Blinding white! 'Tis cold, 'tis bitter cold.

Cotton candy billows to the ionosphere, gleaming against a field of manic blue.

The alder catkins conceived last summer, but through the long winter powerless to be born, are bulging out, stirring red-brown toward nativity.

Nettle shoots poking above the duff brush my pants leg, and soon will be reaching out for my face.

What is this ubiquitous white-blossoming shrub? To the flower book, it is the Indian plum, described as "first flower of spring in the shrub layer of the forest," my first new flower of the year.

Coltsfoot, a gross plant, attracts the eye only by being so early a bloomer, yet when the eye is lowered close, it discovers a miracle of intricate frills, an irrefutable proof of God, or somebody. Not me.

Hail the elder and its creamy blobs of flowerets! Glory to the first non-white of the shrubs, star of the local rose family, the salmonberry!

Now then, everybody clap your hands and chortle, "Oh, frabjous day. Calloo callay!" The trillium is erupting everywhere. It is officially spring.

A banana slug confirms. Also satches of the skunk cabbage, novas rooted in primordial ooze, doing the Big Yellow Bang.

A wren nervous in the grass, a flicker clumsy on a limb, a flurry of bushtits in a bush. Redtail hawks above, warning that nobody better mess with their nests. --"Spee-oo! Spee-oo!"

Can it be? Yes, a frog! First of the year, honoring the sun. When the cold winds blow, they generally go below, and hide their croaks from the snow clouds' glance, and so do their sisters and their cousins and their aunts.

A sunray pierces the uncreation of winter. In it dances a bacchanal of happy little wings. A mosquito murmurs in mine ear, and I extend my arm as invitation to share my blood.

### APRIL

On the Day of all Fools, the heights are white, the sunflares bright, and the forest all a-tweety-tweet.

Cometh the Ides and I hoist umbrella to blunt the brunt. The air turns lumpy and the trail whitens underfoot. Winter is stubborn, but spring is resolute. The sun routs the squall, the green declaims, "For England and St. George!" The sun is extinguished and again the earth is white, but this too shall pass for 'tis the season to be green. The battle surges this way, that way, and my blood is up. I fold the umbrella, the better for the rain to soak me to the underwear, the snow to frost my eyebrows, the sun to set me steaming like a locomotive.

With what strange utterance does the loud dry wind blow through my ear atop Peak 1595, Cougar's highest? At the edge of blue is poised a sullen gray. A thundering anvil hangs high to the northwest, a mountain-swallowing blackness to the southeast. From the clouds surge condottiere squalls in service of Pope or of Pope or Emperor—you can't tell the Guelphs

*continued on page 11*

## 4<sup>th</sup> FIREWORKS HIKE SET

By Ralph Owen

The Second Annual Revival of the Issaquah Alps Fireworks Viewing hike will be held this year on the evening of July 4<sup>th</sup>. This event was held annually in the early years of the club. We would hike up from High Point to the top of West Tiger 3 in the late afternoon to watch the fireworks shows across Pugetopolis, including Seattle's, from the top. Our founding president, Harvey Manning, led the charge. In the first few years, Harvey invited members to camp out on the top with him as he planned to sleep out there wrapped in "a horse blanket and plastic table cloth." It is not known if anyone took him up on this invitation--or if even he ever spent the night up there. Most people made their way down the trail to their cars at High Point by flashlight. Later, when camping was officially outlawed in the Tiger Mountain State Forest, the fireworks viewers hiked down in the dark as a group.

Last year the Fireworks Viewing hike was scheduled for the first time in almost 20 years. We enjoyed spectacular fireworks displays across the Puget Sound Basin, from south of Auburn to Bellevue. While we got a glimpse of Seattle's displays from West Tiger 3, it was evident that with over twenty years of growth the trees had almost completely blocked the views in that direction that we had enjoyed in the club's early years. This year we are going to Poo Poo Point, where a more open view to the north is expected (weather permitting).

Meet at 6:30 p.m. at the normal Issaquah Trail Center meeting place and we will hike uphill from there at a moderate pace via the High School and Poo Poo Point trails. We will be planning to arrive at Poo Poo Point at about sunset for the beginning of fireworks time. Plan to spend at least 90 minutes on top. It is very important that you bring plenty of warm clothes, a windbreaker or raincoat and a hot drink as it can become very cold after the sun goes down. After the fireworks we will hike in the dark, as a group, at a slow pace down the Chirico

Trail to the paraglider landing field. Bring your own light and extra batteries for this hike! Many if those who attended last year had not hiked a trail in the dark before. While they all enjoyed the new experience, they found that there seemed to be more rocks, roots and logs on the trail than they had encountered in the daylight. All agreed that bright headlamps or flashlights were required!

This hike will require setting up a car shuttle to get the hikers back from the paraglider landing field to Issaquah. If you are planning to take the hike, and are willing to help in the pre-hike car positioning, meet the hike leader at the Issaquah Trails Center at 6:10.

"I hoped the wilderness rangers would forgive me for declaring an emergency and staying at a spot too fragile for camping. I didn't really camp, just rested overnight. Ate cheese and crackers and drank orange juice. Spread mattress and bag on a rock and crawled in and wrapped up in a plastic tablecloth and went to sleep listening to fog. You have to listen close."

--H. Manning

"They've logged my memories, they've cut me adrift from my human youth, they've left me to changeless wilderness to connect the "Whatever-I-was-then" to the "Whatever-I-am now." They made me what I am today, those Devils, and I hope they're satisfied. Because now they're going to get it."

--H. Manning



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*continued on page 11*

## Reflections on Cougar *continued from page 10*

from the Ghibellines without a program. KA-BOOM! They've unlimbered the siege cannon and it's time to boil the oil to pour down the walls.

April showers bring April flowers. What is that ubiquitous carrot leaf? That precious little white that blossoms by the googol? To the book. Aha, bleeding heart! Ho ho, montia sibirica, Siberian miners lettuce, candy flower, tasty, tasty! Two flowers newly mine.

Skunk cabbage delights my nose, newly free from cigarette anesthesia, thrilling at olfactory wealth. I stumble and tumble and nettles sting my cheeks and eyelids, and through the evening I'll feel the good tingle.

Dogwood is in its famous bloom. I ask Heaven of stars how to tell my love. Trillium rhymes with Illium, for Helen to wear in her hair.

Yellow violets mass in the grass. Pale green stalks of bracken thrust up among brown mummies of last year's youth, fronds uncurl like Salome's veils. Bigleaf maple is in yellow bloom. Wild blackberry is tangling the salal in runners. Blossoms of Indian plum are falling away to make room for the fruit.

Chipmunk. Ground squirrel. Douglas squirrel. Deer pellets in last night's cozy beds of crushed plants. Black heaps of bear crap.

Rap-rap-rap of the woodpeckers. "Spee-oo" of the hawks, circling high, sharp eyes on the lookout for lunch. How did my chickens recognize those high wings as danger? They never seemed alarmed when I stretched out their necks on the chopping block and lifted the axe.



"The Whulj is what it is because of Coupeville and quirky little driftwood fantasy castles, fishing boats and ferries, beachfires and beer busts and ukeles in the moonlight. I don't want it to be a wilderness. It is a place to trammel up a little, a place to live."  
--H. Manning

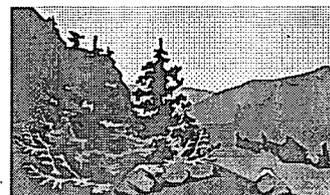


## HIKER'S CORNER

By Joe Toynebee

During the calendar year 2006, the Issaquah Alps Trails Club conducted 132 hikes with a total participation of 1044, or an average of eight per hike. These totals are down slightly from 2005, probably due to unusually bad weather in November and December.

The IATC hike program serves a purpose other than pure enjoyment. Hike groups are the visible face of the club, providing proof that Alps trails are being utilized. Maps and guidebooks published by the club also serve this purpose. Public agencies have a considerable investment in the land of the Alps: we need to show that this investment is well made. Our late founder Harvey Manning had a favorite saying: "all power to the feet." Let's turn that foot power loose.



## MEMBERSHIP QUESTION?

If you have any questions about your membership in the IATC, or have had any problems with the delivery of your ALPNER, please contact Jackie Hughes at: [jhughes62003@yahoo.com](mailto:jhughes62003@yahoo.com).

# The State of Washington



## Proclamation

**WHEREAS**, Harvey Manning first dubbed Cougar, Tiger, and Squak Mountains in Issaquah as the Issaquah Alps; and

**WHEREAS**, Harvey Manning was a founding member of the Issaquah Alps Trails Club, whose mission is to act as custodian of the trails and the lush, open, tree-covered mountaintops known as the Issaquah Alps; and

**WHEREAS**, through Harvey Manning's advocacy for an open space link along the I-90 corridor, many elected officials and community leaders became champions for the Mountains to Sound Greenway; and

**WHEREAS**, Harvey Manning envisioned and advocated for the largest wildland park in an urban area which is Cougar Mountain Regional Wildland Park; and

**WHEREAS**, wanting to encourage healthy recreation and appreciation of the natural beauty and historic character of the region, Harvey Manning authored many hiking books and trail guides; and

**WHEREAS**, Harvey Manning's legacy to the region and the state was a vision of green and open spaces connected for wildlife and accessible to the public for hiking; and

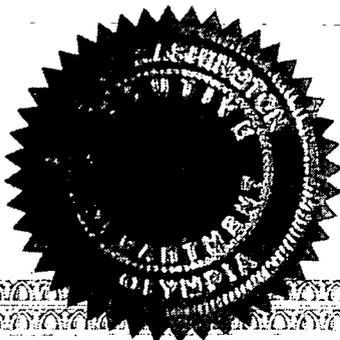
**WHEREAS**, Harvey Manning energized and motivated successive generations to pick up the mantle, or plaid wool coat and walking stick, and advocate for preservation of open space;

**NOW, THEREFORE**, I, Christine O. Gregoire, Governor of the state of Washington, do hereby declare Wednesday, January 3, 2007, as a day of tribute and remembrance of Harvey Manning's commitment to the Issaquah Alps, the North Cascades, and his legacy of advocacy and leadership to the people of Washington State.

Signed this 2<sup>nd</sup> day of January, 2007

*Christine Gregoire*

Governor Christine O. Gregoire



# Hiking Information

## Hike Leaders

Hike leaders are volunteers who donate their time to lead people who want to hike and explore the trails in the Issaquah Alps and other nearby foothills (Cascades) in King County. Hikes are scheduled and led year-round unless severe conditions pose a safety hazard.. Minimum attendance is three, including the leader.

Trails in the Issaquah Alps may be good or bad, easy or hard, muddy or dusty, brushy or clear, steep or flat—or all the above. Some are not much more than animal trails. As volunteers, neither hike leaders, the Issaquah Alps Trails Club (IATC), or Club directors are in any way responsible or liable for a hiker's comfort, transportation, property, safety, or general well-being while traveling to and from the trailhead or hiking or working on any trail.

The Club's sole purpose is to show hikers where the trails are and to lead the way. The public, other clubs, youth groups, church groups, and others are welcome and wholeheartedly invited to join hike leaders and others who want to hike these trails. Children under 18 should be accompanied by an adult. Please, no dogs on hikes.

## Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

## Hiking Time

Class 1: 2 hours    Class 3: 6 hours  
Class 2: 4 hours    Class 4: 8 hours

These are approximate hiking times. They do not include travel time to and from the trailhead (20 to 40 minutes depending on the location of the hike) or meal times (lunch will add another 20 to 40 minutes depending on the mood of the group).

Times are based on an assumption of a two-mile-per-hour pace with one-half hour added for each 1000 feet of elevation gain. Trail conditions, weather, and unexpected hazards could extend the hiking time.

## Degree of Difficulty

A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.

B: Some climbing, up to 1200 feet, or some other difficulty.

C: More climbing, up to 2500 feet, or some other difficulty.

D: Much climbing, over 2500 feet of elevation gain.

## Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

Trail party: Trail maintenance work party.

Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades.

Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.

## Hike Information *continued from page 17*

Family hike: For parents and children. Easy pace. Call leader for hike particulars.

*NOTE: Group hikes do not lend themselves to dogs. Please leave your dogs at home when going on a Trails Club hike.*

## Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left.

## Clothing

Dress for the Pacific Northwest outdoors. Expect rain, snow, sunshine, fog, and everything in between. Bring extra clothing, raingear, food, drink, matches, flashlight, and first-aid supplies. Wear comfortable hiking boots or hiking shoes.

## Trail Maintenance

Volunteers periodically organize and schedule trail maintenance parties as listed in the hikes schedule. Work parties meet at the same place as hikes (see above). The Club is well supplied with heavy trail maintenance tools, but workers may also bring their own loppers, weed whackers, and other tools.

Trail work parties last at least four hours. Trail maintenance is vital to the Club's work and is

## ✓ Checklist:

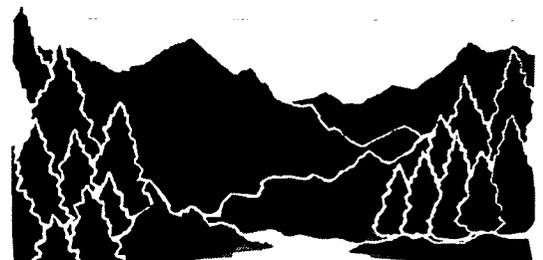
- Food
- Water
- Daypack
- Raingear
- Warm clothes
- Hiking Shoes

Each item is required in order to participate in an Issaquah Alps Trails Club hike!

*Don't leave the trailhead without them!*

an integral part of the Department of Natural Resources (DNR) management plan for Tiger Mountain.

Work parties must limit their activity to trails listed by the DNR as scheduled for maintenance. Construction of new trails is not allowed. Work parties are a great way to meet people! Individuals and groups are encouraged to adopt a trail—or section of trail—and take the responsibility of maintaining it.



# Issaquah Alps Trails Club Publications Order Form

Return this completed form along with your check to:  
 Issaquah Alps Trails Club Publications, P.O. Box 466, Issaquah, WA 98027

Name: \_\_\_\_\_ Address: \_\_\_\_\_

ITEM	PRICE*	QTY.	TOTAL
Book: The Flowering of the Issaquah Alps--Revised!	\$ 9.00		
Book: The Authoritative Guide to the Trails of Cougar Mountain Wildland Park and Surrounds	15.00**		
Book: Guide to Trails of Tiger Mountain	15.00***		
Book: The Coals of Newcastle: A Hundred Years of Hidden History	15.00		
Book: Eastside Family Hikes	3.00		
Book: Squak Mountain: An Island in the Sky	15.00		
Map: Issaquah Alps Tiger Mountain, 1998 revision	2.00		
Map: Issaquah Alps Cougar Mountain, 2001 revision	2.00		
Map: Issaquah Alps Squak Mountain (2005)	6.00		
Green Trails Map: Tiger & Taylor Mountains, Map 204S	8.00		
Green Trails Map: Cougar & Squak Mountains, Map 203S	8.00		
Green Trails Map: Rattlesnake Mountain & Upper Snoqualmie Valley Map 205S	8.00		
Green Trails Map: Mount Si NRCA & Snoqualmie Corridor, Map 206S	8.00		

\*All prices include shipping and handling.

Total: \_\_\_\_\_

\*\*One (1) IATC Cougar Mountain Map included.

\*\*\*One (1) IATC Tiger Mountain Map included.

## Issaquah Alps Trails Club Foundation and Membership Request Form



Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ E-mail: \_\_\_\_\_

All donations are tax deductible. Your donations fund The Alpiner publication costs and the club's minimal operating costs first, with 100% of remaining funds being directed where they can best address the trail design, construction, maintenance and advocacy needs throughout the Issaquah Alps.  
**Note:** Membership does not require a donation; however, donations help us preserve and enhance your Issaquah Alps.

Annual donation levels:

- p The basic hiker.....\$15
- p The project supporter.....\$25
- p The IATC sponsor.....\$50
- p The visionary.....\$100 and above

**IMPORTANT:** This form and your donation and/or membership request form should be mailed to:  
IATC Foundation, P.O. Box 351, Issaquah, WA 98027

Issaquah Alps Trail Club  
P.O. Box 351  
Issaquah, WA 98027

Non Profit  
U.S. Postage  
PAID  
Issaquah, WA  
Permit #70

Address Service Requested



\*\*\*\*\*AUTO\*\*3-DIGIT 980  
SUBSCRIPTION DATE: 09/14/07  
CHARLES & MALENA MCCRONE  
PO BOX 593  
ISSAQUAH WA 98027-0022

### Issaquah Alps Trails Club Publications

See page 15 for the publications order form.

Note: All of the following prices include shipping & handling.

- o *Flowering of the Issaquah Alps*—Revised! By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where many of the plants can be found. \$9.
- o *Guide to the Trails of Cougar Mountain Regional Wildland Park and Surrounds*—By Charles McCrone. 2000 edition. Completely updated version gives historical background and descriptions for every park trail, plus 30 other trails in the surrounding area including Bellevue, Newcastle, Renton, and the Precipice. \$15 (includes map listed in next column).
- o *Guide to Trails of Tiger Mountain*—By Bill Longwell. 2003 revised edition. Updated trail information, two new trails and numerous photographs. \$15 (includes map listed in next column).
- o *The Coals of Newcastle: A Hundred Years of Hidden History* By Richard K. McDonald and Lucille McDonald. A complete history of the once-thriving coal mining area of Cougar Mountain now hidden from all but hikers. 100+ photographs, 4 maps, and Tim O'Brian's account of the incredible Seattle and Walla Walla Railroad. \$15.

- o *Eastside Family Hikes*—By Peggy Barchi. 2001 revised and updated edition. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3.
- o *Squak Mountain: An Island in the Sky* By Doug Simpson with trail descriptions by David Langrock. Provides a history of Squak Mountain and its gestation as a park. Includes 4 loop hikes covering most of the mountain trails. Includes many earlier writings by Bill Longwell and vignettes by others. \$15.
- o *Green Trails Tiger & Taylor Mountain*. Map 204S. \$8.
- o *Green Trails Cougar & Squak Mountains*. Map 203S. \$8.
- o *Green Trails Rattlesnake Mountain & Upper Snoqualmie Valley*. Map 205S. \$8.
- o *Green Trails Mount Si NRCA & Snoqualmie Corridor*. Map 206S. \$8.
- o *Green Trails Quality Squak Mountain Map*. By IATC member Harry Morgan. \$6.
- o *IATC Tiger Mountain map*. 1998 revised. \$2.
- o *IATC Cougar Mountain map*. 2001 revised. \$2.