

January 2015

January 1, Thursday – 10AM Holiday Hike

Dogs Welcome - Leader's Choice in Issaquah Alps
Bring leash/baggies/water
Easy, 3-5 miles, up to 900' gain
Jean Lanz, 206-322-0990

January 3, Saturday – 10AM

Tiger Mt's Tradition Plateau
View and discuss the area's natural history
Easy, 5-6 miles, 600' gain
Dave Kappler – 425-392-3571

January 4, Sunday – 10AM

North Bend's Cedar Butte
View first hand the results of
Geological forces
Easy, 5 miles, 900' gain
Doug Simpson – 425-823-0747

January 10, Saturday – 9AM

Tiger Mt – South Tiger loop on the TMT and
Returning on S. Tiger Traverse Trail
Moderate, 8 miles, 1600' gain.
Dave Warner - 206-920-3212

January 11, Sunday – 9AM

McGarvey Park Open Space - explore McGarvey,
Spring Lake, and Lake Desire Parks
Moderate, 7 miles, 1300' gain, Good trail,
Moderate pace
George Potter - 425-516-5200

January 17, Saturday – 9:30AM

Soaring Eagle Park from Beaver Lake Preserve
Easy, 6 miles, 500' gain
Richard Mann - 425-633-7815

January 18, Sunday – 10AM

Cougar Mt – Three waterfalls, SLOW PACE
Moderate, 6-7 miles, 1200-1400' gain
Bob Gross – 425-427-8449

January 22, Thursday – 9AM Midweek Hike

Tiger Mountain - TMT trailhead connecting with South
Tiger Traverse for loop – lunch on South Tiger Summit
Moderate, 7.5 miles, 1,800' gain
Scott Prueter - 425-269-3079



January 22, Thursday – 7PM

IATC ANNUAL MEETING ALL MEMBERS WELCOME

Board Meeting to Follow
Trails Center – 1st and Bush
Dave Kappler, President - 425-392-3571

January 24, Saturday – 9:30AM

West Cougar Loop. Redtown TH to Cougar Pass and
Return. We'll visit Coal Creek Falls enroute.
Moderate, 5.5 miles, 1000' gain
Ralph Owen – 425-270-3322

January 25, Sunday – 9AM

Flaming Geyser State Park –
One of the more unique parks in our area
Easy, 4-5 miles, up to 400 ft gain, Good trail, Slow pace
George Potter - 425-516-5200

January 25, Sunday – 2-4PM

“Coal Mining at Cougar Mountain”
(An indoor Program at Lewis Creek Park,
5808 Lakemont Blvd) 130 years ago there
Were 21 mules and hundreds of men working
Here. Come and learn about a mountain that
Is older than Rainier!
Steve Williams – 425-453- 8997

January 30, Friday – 10AM

Dogs Welcome - Leader's Choice in Issaquah Alps
Bring leash/baggies/water
Easy, 3-5 miles, up to 1100' gain
Jean Lanz, 206-322-0990

January 31, Saturday – 9AM

Squak Mt – Debbie's View & Chybinski Loop
Moderate, 6 miles, 1500' gain
Dave Kappler - 425-392-3571

February 2015

February 1, Sunday – 9:30AM

Weowna Park in Bellevue. Big old trees,
Two loops and a waterfall canyon
Easy, 4.5 miles, 500' gain
Steve Williams – 425-453-8997

February 7, Saturday – 9AM

Squak Mountain loop from the south side on
multiple trails to Bullitt Fireplace and Central Peak
Moderate, 7.5 miles, 2500' gain
Discover Pass required for drivers.
Dave Warner - 206-920-3212

February 8, Sunday – 9AM

Tolt MacDonald Hike - see the wonders of
John MacDonald Park and Ames Lake Forest.
Moderate, 7-8 miles, 800' gain,
Good trail, Moderate pace
George Potter - 425-516-5200

February 14, Saturday – 10AM

Dogs Welcome - Leader's Choice in Issaquah Alps
Bring leash/baggies/water
Easy, 4-6 miles, up to 900' gain
Tom Pohle – 425-481-2341

February 15, Sunday – 9:30AM

Newcastle Beach Park to Redtown Trailhead.
One way hike on the Coal Creek Trail.
There will be a short car shuttle.
Easy, 5 miles, 700' gain.
Ralph Owen - 425-270-3322

February 21, Saturday – 9:30AM

Tiger loop from Trail Center to the Talus rocks .
Moderate, 7 miles, 1500' gain
Richard Mann - 425-633-7815

February 22, Sunday – 9AM

Lake Sammamish State Park - Come visit some of the
Less known parts of Lake Sammamish State Park
Easy, 4-5 miles, no significant gain, Good trail, Slow pace
George Potter - 425-516-5200

February 25, Wednesday – 7PM

HIKE LEADERS' MEET
Trails Center, 1st and Bush

February cont.

February 27, Friday – 10AM

Dogs Welcome - Leader's Choice in Issaquah Alps
Bring leash/baggies/water
Easy, 3-5 miles, up to 1100' gain
Jean Lanz, 206-322-0990

February 28, Saturday – 9AM

Cougar Mt - Double Loop around Wilderness
Peak and on to Longview Peak.
Moderate, 7 miles, 1,750' gain,
Scott Prueter - 425-269-3079

March 2015

March 1, Sunday – 9:30AM

"Middle Coal Creek" (including a new trail and
Salmon underpass of Coal Creek Pkwy and
Other sidewalk connections
Easy, 3.5 miles, 400' gain.
Steve Williams - 425-453-8997

March 7, Saturday – 10AM

Dogs Welcome - Leader's Choice in Issaquah Alps
Bring leash/baggies/water
Moderate, 5-8 miles, up to 1400' gain
Tom Pohle – 425-481-2341

March 8, Sunday – 9AM

DAYLIGHT TIME BEGINS
Squak East Peak - a mix of established trails,
bootpaths and off-trail sections as we cross over
several of the highpoints along Squak's East Ridge
Strenuous, 6-7 miles, 1400-1500' gain,
Off trail, Moderate pace
George Potter - 425-516-5200

March 14, Saturday – 9AM

Squak Mt - Loop hike over Central Peak and
West Peak with Rainier view for lunch.
Moderate, 7 miles, 1,600' gain,
Scott Prueter - 425-269-3079

March 15, Sunday – 9:30AM

West Tiger 2 Loop. We'll hike some of Tiger
Mountain's steepest trails as we visit
Tiger's fourth highest peak.
Moderate, 7 miles, 2500' gain.
Ralph Owen - 425-270-3322.



March 21, Saturday – 9:30AM

Cougar Mt Loop. Big tree TH to AA Peak
Moderate, 6 miles, 1200' gain
Richard Mann - 425-633-7815

March 22, Sunday – 9AM

Redmond Watershed Preserve - see the
Wilds of the Redmond Watershed Preserve
Moderate, 8 miles, 300-400' gain, Good trail, Slow pace
George Potter - 425-516-5200

March 27, Friday – 10AM

Dogs Welcome - Leader's Choice in Issaquah Alps
Bring leash/baggies/water
Easy, 3-5 miles, up to 1100' gain
Jean Lanz, 206-322-0990

March 28, Saturday – 9AM

Cougar Mountain loop on the Licorice Fern,
Shy Bear, Quarry, Marshall's Hill, and
De Leo Wall Trails,
Moderate, 7 miles, 1200' gain.
no parking pass required.
Dave Warner - 206-920-3212

March 29, Sunday – 9AM to 1PM

Tiger Mt's Tradition Plateau
Early spring plant identification
Easy, 6 miles, 600' gain
Dave Kappler - 425-392-3571

March 29, Sunday – 2PM to 4PM

"Logging History"
(An indoor Power-Point presentation at
Lewis Creek Park, 5808 Lakemont Blvd).
Did you know that most of the east side was clear-cut
by 1920? Come and see the progression
from 12' hand saws to 1/2 mile skyline
cables used at Cougar Mt.
Steve Williams - 425-453-8997

CHECKLIST:

**WATER, FOOD, DAYPACK, RAINGEAR,
WARM CLOTHES, HIKING FOOTWARE**

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Hikes meet beside the grassy area located
approximately at 175 Rainier Blvd S, Issaquah
(near SE Bush St).

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**HIKES LEAVE AT THE TIME STATED.
PLAN TO ARRIVE A BIT EARLY**

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Bring your WA Discover Pass

and your National Forest Pass, if you have them.
A DISCOVER PASS WILL BE REQUIRED for vehicle
parking for any hike on state lands.

GO TO discoverpass.wa.gov for details.

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A NORTHWEST FOREST PASS or an **INTERAGENCY
PASS WILL BE REQUIRED** for vehicle parking
for any hike in National Forests, etc. - for details,
GO TO fs.fed.us/passespermits/rec-fee.shtml

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IATC ENCOURAGES CARPOOLING and
recommends a contribution to your driver for gas
15¢/mile, \$1.00 minimum

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