



**OCTOBER 2013**

**OCTOBER 5 + 6 = SALMON DAYS  
(NO HIKES) COME VISIT OUR BOOTH  
BY THE FISH HATCHERY**

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October 12, Saturday – 8:30AM  
Pratt Lake - Hike to Lakes Talapus, Olallie, and Pratt.  
Strenuous, 11.2 miles, 2400 ft gain  
George Potter, 425-516-5200

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October 13, Sunday – 1PM  
Exploration of Lake Sammamish State Park and  
salmon viewing  
Easy, 4 miles, no gain, family friendly  
Dave Kappler 425-392-3571

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October 17, Thursday - 9AM  
Squak Mountain - - Midweek Hike  
Loop hike over Central and West Peaks  
With Rainier view for lunch  
Moderate, 6 miles, 1,700 ft. gain  
Scott Prueter 425-269-3079

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October 19, Saturday – 9AM  
East Cougar Loop. Use the Big Tree Ridge Trail to  
start and end a big loop visiting the  
Claypit, Wilderness Peak and Anti-Aircraft Peak  
along the way.  
Moderate, 9 miles, 2200' gain  
Ralph Owen, 425-270-3322

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October 20, Sunday – 8:30AM  
Pacific Crest Trail - One-way hike with car shuttle from  
Stampede Pass north to Mirror Lake.  
NW Forest Pass required for drivers.  
Strenuous, 11 miles, 2200' gain.  
Call or email hike leader to sign up.  
David Warner, 206-920-3212, [warnerdh@aol.com](mailto:warnerdh@aol.com)

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October 24, Thursday – 10AM  
Dogs Welcome - Leader's Choice in Issaquah Alps  
Bring leash/baggies/water  
Easy, 4-6 miles, up to 900' gain  
Jean Lanz, 206-322-0990



October 24, Thursday – 7PM  
IATC BOARD MEETING  
Trails Center, 1<sup>st</sup> and Bush

October 26, Saturday – 9AM  
Hike North Bend's Little Si  
Moderate, 5 miles, 1300' gain  
Mary Nolan, 425-837-1535

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October 27, Sunday – 8:30AM  
Melakwa Lake - Hike from Denny Creek TH to  
Melakwa Lake by way of Keekwulee and  
Snowshoe Falls.  
Moderate, 6 miles, 2500 ft gain  
George Potter, 425-516-5200

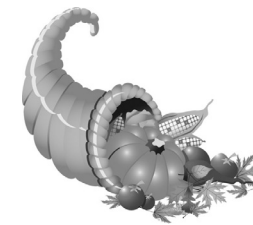
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October 27, Sunday – 9AM  
Tiger loop from trail house up to Talus rocks.  
Moderate, 6-8 miles, 1500' gain  
Richard Mann, 425-633-7815

**NOVEMBER 2013**

November 2, Saturday - 9AM  
Cougar Mountain  
Double Loop around Wilderness Pk and  
on to Longview Pk  
Moderate, 7 miles, 1850' gain  
Scott Prueter, 425-269-3079

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November 3, Sunday – 9:30AM  
STANDARD TIME BEGINS  
Tradition Lake Plateau Loop  
Easy, 4-5 miles, 200' gain  
Joe Toynbee, 425-228-6118

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IATC ENCOURAGES CARPOOLING and  
recommends a contribution to your driver for gas  
15¢/mile, \$1.00 minimum



November 9, Saturday – 8AM  
Goldmyer Hot Springs - Hike the Middle Fork Trail  
Dingford Creek TH to Goldmyer Hot Springs & back.  
To participate, contact the leader to sign up.  
Swimsuits are optional.  
The hot springs are \$15 and limited to 12 participants.  
More Info at <http://www.goldmyer.org/>  
Strenuous, 10.2 miles, 1200' gain  
George Potter 425-516-5200

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November 10, Sunday – 9AM  
Grand Prospect viewpoint on Rattlesnake Mtn.  
from Snoqualmie Point TH  
Moderate, 8 miles, 2300' gain.  
Discover Pass for drivers.  
David Warner, 206-920-3212 (cell)

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November 11 – 10AM (Veterans' Day)  
Dogs Welcome - Leader's Choice in the Issaquah Alps  
Bring leash/baggies/water  
Easy, 4-6 miles, 800' to 1200' gain  
Tom Pohle – 425-481-2341

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November 16, Saturday – 9AM  
South Squak Loop. Visit Central Peak,  
West Peak & Rainier View on this loop  
from the south State Park TH.  
Moderate, 8 miles, 2000' gain.  
Ralph Owen 425-270-3322

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November 17, Sunday – 9AM  
Big View on Taylor Mt. in the Raging River  
State Forest  
Moderate, 5 miles, 1300' gain  
Dave Kappler, 425-392-3571

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November 21, Thursday – 7PM  
HIKE LEADERS' MEETING.  
Trails Center – 1<sup>st</sup> & Bush





**NOVEMBER cont.**

November 23, Saturday – 9AM  
 East Tiger MT - Visit Beaver Valley and  
 the Silent Swamp  
 Strenuous, 10.5 miles, 1800' gain  
 George Potter 425-516-5200

November 24, Sunday – 10AM  
 Cedar Butte – slow pace  
 Easy, 4.5 miles, 900' gain  
 Discover Pass required for drivers  
 Bob Gross – 425-427-8449



November 29, Friday – 10AM  
 Dogs Welcome - Leader's Choice in Issaquah Alps  
 Bring leash/baggies/water  
 Easy, 4-6 miles, up to 900' gain  
 Jean Lanz, 206-322-0990

November 30, Saturday - 9AM  
 Cougar loop from Newport way  
 Moderate, 5-6 miles, 1500' gain  
 Richard Mann 425-633-7815



**DECEMBER 2013**

December 1, Sunday – 9:30AM  
 Grand Ridge (southern loop)  
 Easy, 5 miles, 650' gain  
 Steve Williams, 425-453-8997

December 7, Saturday – 10AM  
 Squak Mt - Hike the Phil's Creek and  
 East Ridge Trails. Car Shuttle.  
 Moderate, 6.4 miles, 1700' gain  
 George Potter, 425-516-5200

December 8, Sunday – 9:30AM  
 Cougar Cap (figure 8 with logging history)  
 Easy, 4.3 miles, 950' gain  
 Steve Williams, 425-453-8997

December 14, Saturday – 9:30AM  
 Twin Falls (Discover Pass required)  
 Easy, 3 miles, 500' gain  
 Doug Simpson - 425-823-0747

December 15, Sunday – Noon  
 Tradition Lake Plateau (Discover Pass required)  
 Easy, 6 miles, 600' gain  
 Dave Kappler, 425-392-3571

December 21, Saturday – 11AM  
 Cougar Mt - Hike from the Terrace TH to the  
 Licorice Fern Trailhead. Car Shuttle.  
 Easy, 5 miles, 800' gain  
 George Potter, 425-516-5200

December 22, Sunday – 9:30AM  
 May Creek Trail in Newcastle  
 Easy, 3 miles, no gain, slow pace  
 Scott Semans – 425-369-1725

December 27, Friday – 10AM  
 Dogs Welcome - Leader's Choice in Issaquah Alps  
 Bring leash/baggies/water  
 Easy, 3-5 miles, up to 900' gain  
 Jean Lanz, 206-322-0990



December 28, Saturday – 9AM  
 Squak Mt from Mountainside Dr to Central Peak  
 Moderate, 6-7 miles, 1500' gain  
 Richard Mann, 425-633-7815

December 29, Sunday – 10AM  
 Twin Falls (Discover Pass required)  
 Easy, 3 miles, 500' gain  
 Bob Gross, 425-427-8449

December 31, Tuesday – 9AM (New Year's Eve)  
 Squak/Cougar Loop Hike  
 Hike both sides of the Tibbetts Creek Valley,  
 the west side of Squak Mt & East side of Cougar Mt  
 Moderate, 8 miles, 1940' gain  
 George Potter, 425-516-5200

**GEAR CHECKLIST:**  
**WATER, FOOD, DAYPACK, RAINGEAR,  
 WARM CLOTHES, HIKING FOOTWEAR**

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Hikes meet beside the grassy area located  
 approximately at 175 Rainier Blvd S, Issaquah  
 (near SE Bush St).  
**HIKES LEAVE AT THE TIME STATED.  
 PLAN TO ARRIVE A BIT EARLY**

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Bring your WA Discover Pass  
 and your National Forest Pass, if you have them.  
**A DISCOVER PASS WILL BE REQUIRED** for vehicle  
 parking for any hike on state lands.  
 GO TO [discoverpass.wa.gov](http://discoverpass.wa.gov) for details.  
**A NORTHWEST FOREST PASS** or an **INTERAGENCY  
 PASS WILL BE REQUIRED** for vehicle parking  
 for any hike in National Forests, etc. - for details,  
 GO TO [fs.fed.us/passespermits/rec-fee.shtml](http://fs.fed.us/passespermits/rec-fee.shtml)