



## **JULY 2013**

July 4, Thursday – 10 AM (Holiday)  
 Dogs Welcome - Leader's Choice in the Issaquah Alps  
 Bring leash/baggies/water  
 Moderate, 6-8 miles, 800' to 1200' gain  
 Tom Pohle – 425-481-2341  
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July 6, Saturday – 10 AM  
 Teneriffe Falls - Come see  
 One of the prettiest falls in the area.  
 Moderate, 6.4 miles, 1600' gain  
 George Potter - 425-516-5200  
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July 7, Sunday – 10 AM  
 Wilderness Peak Loop. Slow pace.  
 Moderate, 4 miles, 1200' gain.  
 Bob Gross – 425-427-8449  
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July 12, Friday – 10 AM  
 Dogs Welcome - Leader's Choice in the Issaquah Alps  
 Bring leash/baggies/water  
 Easy, 4-6 miles, up to 1200' gain  
 Tom Pohle – 425-481-2341  
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July 13, Saturday – 9 AM  
 Cedar Butte Loop. Visit the "toadstool  
 summit" of Cedar Butte, the Black Forest, and  
 Christmas Lake on this Figure-8 loop.  
 Moderate, 7.5 miles, 1350' gain.  
 Ralph Owen 425-270-3322  
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July 14, Sunday – 9 AM  
 Issaquah Highlands Potential Trails.  
 An exploratory hike with much off-trail investigation,  
 on the site of Bellevue College East Campus  
 property and adjoining open space.  
 Moderate, 3 miles, 500' gain  
 Dave Kappler - 425-392-3571  
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July 20, Saturday – 10 AM  
 Island Lake – Talapus Lake TH to Ira Springs  
 Strenuous, 10 miles, 2500' gain  
 George Potter - 425-516-5200  
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July 21, Sunday – 9 AM  
 East Tiger Mtn. Summit on trails and roads  
 From Tiger Mtn. Summit TH on Hwy. 18.  
 Moderate, 7 miles, 1800' gain  
 David Warner – 206-920-3212 (cell)  
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July 25, Thursday – 7 PM  
 IATC Board Meeting  
 Trails Center, 1st and Bush  
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July 26, Friday – 10 AM  
 Dogs Welcome - Leader's Choice in Issaquah Alps  
 Bring leash/baggies/water  
 Easy, 3-5 miles, up to 900' gain  
 Jean Lanz – 206-322-0990  
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July 27, Saturday – 9 AM  
 Annette Lake – Come enjoy a nearby  
 mountain lake. Bring bug spray.  
 Moderate, 7 miles, 1500' gain  
 Richard Mann - 425-633-7815  
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July 28, Sunday – 9:30 AM  
 Squak Mt. loop to Rainier viewpoint.  
 Moderate, 5 miles, 1,300' gain.  
 Steve Williams - 425-453-8997  
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 IATC ENCOURAGES CARPOOLING and  
 recommends a contribution to your driver for gas  
 15¢/mile, \$1.00 minimum

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## **AUGUST 2013**

August 3, Saturday – 8 AM  
 Thompson Lake. Hike via steep boot  
 paths & road recently converted to trail to  
 pretty alpine lake. All-day hike.  
 Strenuous, 11 miles, 4000' gain.  
 Ralph Owen 425-270-3322  
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August 4, Sunday – 8:30 AM  
 Shaun Falls and Big View on Taylor Mtn.  
 Strenuous, 6 miles, 1600' gain.  
 Dave Kappler 415-652-2753  
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August 4, Sunday – 10 AM  
 Dogs Welcome - Leader's Choice in the Issaquah Alps  
 Bring leash/baggies/water  
 Moderate, 6-8 miles, 800' to 1200' gain  
 Tom Pohle – 425-481-2341  
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August 10, Saturday – 9 AM  
 PCT – one-way hike from Stampede  
 Pass north to Mirror Lake.  
 NW Forest Pass required for drivers.  
 Strenuous, 10 miles, 1900' gain.  
 David Warner 206-920-3212 (cell)  
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August 11, Sunday - 9 AM  
 Granite Creek. I-90 Exit 38 to Middle Fork Rd.  
 Strenuous, 13 miles, 3200' gain.  
 George Potter 425-516-5200  
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August 16, Friday – 10 AM  
 Dogs Welcome - Leader's Choice in Issaquah Alps  
 Bring leash/baggies/water  
 Easy, 4-6 miles, up to 1200' gain  
 Tom Pohle – 425-481-2341  
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August 17, Saturday - 9 AM  
 Gem Lake – come see a real jewel of the Cascades.  
 Strenuous, 9.8 miles, 2600' gain  
 George Potter 425-516-5200  
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August 18, Sunday – 9:30 AM  
Cedar Butte (Discover Pass required).  
Easy, 4.5 miles, 900' gain.  
Steve Williams 425-453-8997

August 24, Saturday – 9 AM  
Ollali Lake. From I-90 Exit 48.  
Moderate, 8 miles, 1550' gain.  
Richard Mann 425-633-7815

August 25, Sunday – 11 AM  
Lake Margaret. Come see something  
special east of the pass.  
Moderate, 4.6 miles, 2000' gain.  
George Potter 425-516-5200

August 29, Thursday – 7 PM  
Hike Leaders' Meeting.  
Trails Center – 1st & Bush

August 30, Friday – 10 AM  
Dogs Welcome - Leader's Choice in Issaquah Alps  
Bring leash/baggies/water  
Easy, 3-5 miles, up to 900' gain  
Jean Lanz – 206-322-0990

August 31, Saturday – 9:30 AM  
Hike the lower trails of Tiger Mt  
Easy, 4 miles, 300' gain  
Doug Simpson 425-823-0747

### HIKE LEADERS' WORKSHOP SEPT 7

Joe Toynbee will be leading a training session for both new and existing hike leaders on Sept 7. This is a good time to either learn, or brush up on, a leader's responsibilities. Call Joe to sign up or just chat if you're interested. 425-228-6118.

## SEPTEMBER 2013

September 1, Sunday – 9 AM  
Tiger Mt's Tradition Loop  
With emphasis on trees + shrubs  
Easy, 5 miles, 600' gain  
Dave Kappler - 425-392-3571

September 2, Monday – 9 AM (LABOR DAY)  
Annette Lake. Slow pace.  
Moderate, 7.8 miles, 1700' gain.  
Bob Gross – 425-427-8449

September 7, Saturday – 9 AM  
Pacific Crest Trail - One-way hike from Mirror Lake  
North to Snoqualmie Pass with a stop at Lodge Lake  
Moderate, 10 miles, 1700' gain  
David Warner - 206-920-3212 (cell)

September 7, Saturday – 9:30 AM – 12:30  
HIKE LEADER TRAINING WORKSHOP  
Call leader to sign up  
Joe Toynbee – 425-228-6118

September 8, Sunday – 10 AM  
Hike the CCC Road in North Bend's  
Middle Fork Basin  
Moderate, 7 miles, 1300' gain  
George Potter 425-516-5200

September 14, Saturday – 9 AM  
Iron Horse Trail  
Easy, 6 miles, 300' gain.  
Joe Toynbee – 425-228-6118

September 15, Sunday – 10 AM  
Squak Mt - Mountainside Dr to summit for lunch,  
Return via Phil's Creek and Eastside trails.  
Moderate, 5 miles, 1500' gain.  
Doug Simpson - 425-823-0747

September 21, Saturday – 9:30 AM  
Leader's Choice on Cougar Mt  
Easy, 3 miles, 600' gain.  
Scott Semans – 425-369-1725

September 22, Sunday – 9:30 AM  
Leader's Choice on Taylor Mt  
Moderate, 5-6 miles, 1,500' gain.  
Steve Williams 425-453-8997



September 27, Friday – 10 AM  
Dogs Welcome - Leader's Choice in Issaquah Alps  
Bring leash/baggies/water  
Easy, 3-5 miles, up to 900' gain  
Jean Lanz – 206-322-0990

September 28, Saturday – 9 AM  
Dirty Harry's Peak  
Strenuous, 9 miles, 3400' gain  
George Potter 425-516-5200

September 29, Sunday – 9 AM  
Grand Prospect from Exit 27  
Moderate, 8 miles, 1500' gain  
Richard Mann 425-633-7815

OCTOBER 5 + 6 = SALMON DAYS  
(NO HIKES) COME VISIT OUR BOOTH  
BY THE FISH HATCHERY

### GEAR CHECKLIST: WATER, FOOD, DAYPACK, RAINGEAR, WARM CLOTHES, HIKING FOOTWARE



Most hikes meet beside the grassy area located approximately at 175 Rainier Blvd S, Issaquah (near SE Bush St) unless the schedule says otherwise.

HIKES LEAVE AT THE TIME STATED.

PLAN TO ARRIVE A BIT EARLY



Bring your WA Discover Pass and your National Forest Pass, if you have them



A DISCOVER PASS WILL BE REQUIRED for vehicle parking for any hike on state lands  
GO TO [discoverpass.wa.gov](http://discoverpass.wa.gov) for details



A NORTHWEST FOREST PASS or an INTERAGENCY PASS WILL BE REQUIRED for vehicle parking for any hike in National Forests, etc. - for details,  
GO TO [fs.fed.us/passespermits/rec-fee.shtml](http://fs.fed.us/passespermits/rec-fee.shtml)