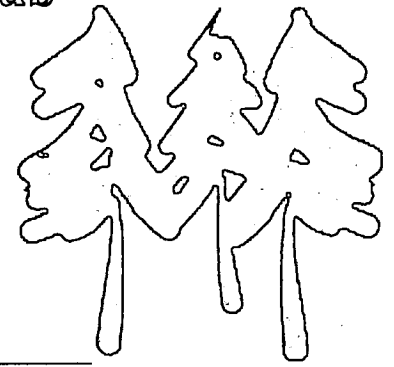


Newsletter of the Issaquah Alps Trails Club

THE ALPINE



July ▲ August ▲ September ▲ 2002

Cougar ▲ Squak ▲ Tiger ▲ Grand Ridge

Hike Information

Hike Classifications

Each hike has a number and letter designation after it (e.g., 2C). Numbers indicate hiking time and letters indicate degree of difficulty.

Hiking Time

Class 1: 2 hours Class 3: 6 hours
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Degree of Difficulty

A: Little or no elevation gain, up to 500 feet, no difficulties for average walker.

B: Some climbing, up to 1200 feet, or some other difficulty.

C: More climbing, up to 2500 feet, or some other difficulty.

D: Much climbing, over 2500 feet of

elevation gain.

This is an estimated degree of difficulty. Most trails in the Issaquah Alps are not up to the high standards of State and National Parks. Issaquah trails can be very steep in parts or muddy and brushy. Hikers may gain 1000 feet in just one mile of a five-mile, 1500-foot-elevation-gain hike. Sometimes there are trees to climb over or nettles and berry bushes to beat through. Short does not automatically mean easy; long does not automatically mean tough.

Hike Description Modifiers

Leader's choice: The leader had not decided where to hike before publication of the hikes schedule.

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Exploratory: The leader goes cross country off the main trail system to explore animal trails, canyons, old logging roads, or old railroad grades. Expect to go through brush, over logs, tiptoe through wildflowers, and/or mud while having a good time hiking where others seldom tread.

Family hike: For parents and children. Easy pace. Call leader for hike particu-

lars.

NOTE: Group hikes do not lend themselves to pets. Please leave your pets at home when going on a Trails Club hike.

Meeting Place

Trails Club hikes meet in the parking lot at the corner of First and Bush streets next to the IATC clubhouse (the little yellow stationmaster's house). To get there, take exit 17 (Issaquah Front Street) from Interstate 90 and turn south into downtown Issaquah. Go about one mile through town on Front Street, then go two blocks past the light at Sunset Way, and then turn left on Bush Street. Go two blocks to Rainier and turn into the lot on the left. Park beside the clubhouse or on the east side of the concrete bumpers opposite the Issaquah Food Bank.

Unexpected production problems leave us with a bare bones ALPINE for this quarter. We hope to be back in October with our usual mix of news, articles, and columns.

July

- Thursday, July 4, 8:45 am**
Squak Mountain Loop
Half day hike to nice views of Mt. Rainier
2c, 5 miles, 1300 ft. gain
Fred Zeitler (425) 882-3435
- Saturday, July 6, 9:00 am**
West Tiger 3,2,1
Hike to the 3 west Tiger peaks.
Should have great views of Mt. Rainier.
3d, 8 miles, 3000 ? ft. gain
Lynn Lively (206) 632-2604
- Sunday, July 7, 9:00 am - 1:00 pm**
Trail Maintenance Work Party
All Volunteers welcome
For more information contact:
Scott Semans (425) 369-1725
- Sunday, July 7, 1:00 pm**
Poo Poo Point
Hike from hang glider landing field to top
with great views of Mt Rainier and Mt. Baker.
Might see hang glider takeoffs
2c, 4.5 miles, 1700 ft. gain
Fred Zeitler (425) 882-3435
- Saturday, July 13, 10:00 am**
Cougar Mountain
Hike AA Peak to Clay Pit and Nike Launch site
2a, 4 miles, 400 ft gain
Bert Drui (425) 746-0709
- Sunday, July 14, 9:30 am**
Cedar Butte
Hike "new" trail to Summit. Also learn a
little about the geology and history.
2b, 5 miles, 1200ft. gain
John Johnson (206) 633-3805
- Friday, July 19, 8:00 am**
Mountains to Sound
Start of 3 day hike
For more information contact:
Ken Konigsmark (425) 957-5094
or www.mtsgreenway.org
- Saturday, July 20, 9:00 am**
West Tiger 1
Loop hike from Issaquah High School to Poo Poo
Point trail to West Tiger 1, then return to Poo Poo
Point down to Landing Field.
3 miles, 2500+ft. gain
Pete Girard (425) 432-2846
- Saturday, July 20, 10:00 am**
Tiger Mountain
Nook loop to Talus Caves. Slow pace.
2b, 5 miles, 700 ft gain
Trudy Ecob (206) 232-2933
- Sunday, July 21, 1:00 pm**
Cougar Mountain
Hike Telegraph trail and other seldom-used trails.
1 b/2b, 3 miles, 600 ft gain
Scott Semans (425) 369-1725
- Monday, July 22, 7:00 pm**
Board Meeting
Trail Center, 1st and Bush St.
- Wednesday, July 23, 9:00 am**
Mt. Washington
We'll hike to Climber's Viewpoint on Mt.
Washington via Twin Falls and Mt. W trails.
3d, 9 miles, 2800 ft gain
Peggy Owen (425) 746-1070
- Saturday, July 27, 8:30 am**
Squak Mountain
We'll visit some lesser-known spots on Squak
following well know trails and little used routes.
Probably some exploratory sections
4c, 8-10 miles, 2000+ ft. gain
Ralph Owen (425) 746-1070
- Saturday, July 27, 9:15 am**
Woman Walk Hikes (2)
easy - TBD; moderate - TBD
Kitty Gross (425) 427-8449
- Sunday, July 28, 9:00 am**
Tiger Mountain Loop
Chirico trail up to Poo Poo Point for great views.
Continue to one view trail and TMT to west gap
(note Harvey Manning's new bench). Return via
WT3 trail, Issaquah vista and back to town.
3d, 11 miles, 2600 ft gain
Tom Palm (206) 783-6005

August

- Saturday, August 3, 1:00 pm**
Cougar Mountain
Bear Ridge past "Fantastic Erratic", Surprise and No
Name trails on quiet route.
2b, 5 miles, 1000 ft. gain
Scott Semans (425) 369-1725
- Sunday, August 4, 9:00 am - 1:00 pm**
Trail Maintenance Work Party
All Volunteers welcome
For more information contact:
Scott Semans (425) 369-1725
- Thursday, August 8, 10:00 am**
Cougar Mountain
Eastside loop. Good trails and bad trails on
the wild side of the mountain
2c, 5 miles, 1300 ft gain
Warren Jones (425) 391-7409
- Saturday, August 10, 9:00 am**
West Tiger 2
Hike up via Poo Poo Point trail and other connectors.
3c, 11 miles, 2200 ft gain
Joe Toynbee (206) 723-6716
- Sunday, August 11, 10:00 am**
Cougar Mountain
History hike. See "old town", coal mines,
"new town" and railroad artifacts
2a, 3 miles, 100 ft gain
Bert Drui (425) 746-0709
- Friday, August 16, 8:30 am**
East Tiger Loop
Climb from Hwy 18 to views from Tiger's
highest peak on a combination of multi-use
trails, roads and seldom used routes. Also visit
Tiger's third highest peak on route.
Exact route will depend on the whim of the leader.
3d, 10+ miles, 2500+ ft. gain
Ralph Owen (425) 746-1070
- Saturday, August 17, 9:00 am**
Squak Mountain Ramble
From Sunset trailhead to Central Peak
with Rainier and other views.
Exact route at discretion of the leader.
3d/4d, 8-10 miles, 2500+ ft gain
David Langrock (425) 313-1971
- Saturday, August 17, 10:00 am**
Tiger Mountain
Nook loop to Talus Caves. Slow pace.
2b, 5 miles, 700 ft. gain
Trudy Ecob (206) 232-2933
- Sunday, August 18, 9:00 am**
Poo Poo Point
Chirico trail to great views of Mt. Rainier and
Mt. Baker, then down to Issaquah.
3c, 7 miles, 1900 ft gain
Tom Palm (206) 783-6005
- Saturday, August 24, 8:30 am**
East Rattlesnake Peak
Hike past popular ledges to high point on
Rattlesnake Mountain. Possible great views.
3c, 8 miles, 2500 ft. gain
Fred Zeitler (425) 882-3435
- Sunday, August 25, 9:30 am**
South Tiger Loop
Hike South TMT to Otter Lake. Return via South
Tiger traverse. Nice views for lunch.
3c, 7 miles, 1500 ft. gain
Jamie McKenzie (425) 746-6683
- Monday, August 26, 7:00 pm**
Board Meeting
Trail Center, 1st and Bush St.
- Tuesday, August 27, 7:00 pm**
Hike Leaders Meeting
Finalize Schedule for next quarter
Trail Center, 1st and Bush St.
- Saturday, August 31, 9:15 am**
Woman Walk Hikes (2)
easy mother/daughter (age 8+) hike
Irene Stanford (425) 255-5558
moderate - TBD
- Saturday, August 31, 9:00 am**
Cougar Mountain
Workout hike to wilderness peak, then via Shy Bear
& Deceiver trails to Long View peak
2c, 6.5 miles, 1900 ft gain
Doug Straight (425) 235-5789

September

- Sunday, September 1, 9:00 am - 1:00 pm**
Trail Maintenance Work Party
All volunteers welcome
For more information contact:
Scott Semans (425) 369-1725
- Sunday, September 1, 9:30 am**
Cougar Mountain, Family Hike
Easy hike for young and old. Toddlers in backpacks
welcome. Short loop trip around AA peak with
open field, benches and views.
2c, 3 miles, 370 ft. gain
David Langrock (425) 313-1971
- Monday, September 2, 9:00 am**
Tiger Mountain Plateau
Hike from Issaquah up High School trail and
Adventure trail to the plateau,
then nice loop around 2 lakes.
2a/2b, 5 miles, 500? ft. gain
Frank Gilliland (425) 603-0454
- Saturday, September 7, 9:00 am**
Cougar Mountain
Hike down coal creek trail to Parkway past
coalmining artifacts. Small loop on return
2b, 6 miles, 1000 ft gain
Karen Van Pelt (425) 747-9381
- Sunday, September 8, 9:00 am**
Cougar Mountain
Hike little used trail past "Fantastic Erratic" to
Anti Aircraft peak
2c, 5-6 miles, 1200 ft gain
Emily Doe (425) 643-7893
- Thursday, September 12, 9:30 am**
Little Si
Popular hike with nice views
2c, 5 miles, 1250 ft. gain
Bob Gross (425) 427-8449
- Saturday, September 14, 8:30 am**
Rattlesnake Ledges (3)
Good workout, great views
2c, 4 miles, 1400 ft gain
Emily Doe (425) 643-7893
- Saturday, September 14, 10:00 am**
Tiger Mountain
Explore the old NE segment of the TMT,
by Highpoint lake
2b, 4 miles, 900 ft gain
Bert Drui (425) 746-0709
- Sunday, September 15, 9:30 am**
South Tiger Loop
Hike South TMT to Otter lake. Return via South
Tiger traverse. Nice views for lunch
2c, 7 miles, 1500 ft gain
Jamie McKenzie (425) 746-6683
- Sunday, September 22, 8:30 am**
W Tiger 2
Up via TMT to nice views. Return via
West Tiger 3 trail or alternate
3d, 8-9 miles, 2700 ft. gain
David Langrock (425) 313-1971
- Monday, September 23, 7:00 pm**
Board Meeting
Trail Center, 1st and Bush St.
- Friday, September 27, 9:00 am**
W Tiger 3
Up via section line, return via regular trails.
Nice views for lunch
2c, 5-6 miles, 2000 ft. gain
Peggy Owen (425) 746-1070
- Saturday, September 28, 9:15 am**
Woman Walk Hikes (2)
Easy mother/daughter (8+) hike
Irene Stanford (425) 255-5558
moderate hike Hidden Forest
Martha Neville (425) 392-7435
- Saturday, September 28, 10:00 am**
Cougar Mountain
Lewis Creek via Bellevue Park trail and rough
connection to Exit 13 (I-90)
1a, 3 miles, 300 ft. gain
Scott Semans (425) 361725
- Sunday, September 29, 9:30 am**
Cougar Mountain
Hike down Coal Creek trail to Parkway.
Small loop on return trip
2b, 6 miles, 1000 ft gain
Frank Gilliland (425) 603-0454

Issaquah Alps Trails Club Mail Order Service

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Post Office Box 351
Issaquah, Washington 98027

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By Fred and Ann Weinmann and Harvey Manning. 1996 updated edition. This new edition lists trees, shrubs, ferns, and flowers found in the Issaquah Alps. Flowers are listed by color, season when flowering, and where plants can be found. \$9 (includes shipping).

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By Peggy Barchi. **2001 revised** and updated. Descriptions of family hikes (annotated for stroller use and picnicking) on the Eastside. \$3 (includes tax and shipping).

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